

## MEDICAL HEALTH CARE RESOURCES

### GENERAL HEALTH CARE

NAME	CONTACT INFO	DESCRIPTION
<b>Every Texan Texas Health Care Guide from the Center for Public Policy Priorities (CPPP)</b>	Phone: 512-320-0222 Email: <a href="mailto:info@everytexan.org">info@everytexan.org</a> Web: <a href="http://texashealthcareguide.org/">texashealthcareguide.org/</a> Address: 7020 Easy Wind Dr., Suite 200, Austin, TX 78752	<ul style="list-style-type: none"> <li>• Every Texan (formerly the Center for Public Policy Priorities or CPPP) provides the Texas Health Care Guide web tool &amp; is a non-profit service provider who helps Texans gain access to affordable, high-quality health care.</li> <li>• Also provides information on health insurance coverage, family planning, women’s health, immigrant access as well as affordability &amp; medical debt.</li> </ul>
<b>Texas Information &amp; Referral Network</b>	Phone: 211 Web: <a href="http://www.211texas.org/cms/search-health-services-in-texas">www.211texas.org/cms/search-health-services-in-texas</a>	<ul style="list-style-type: none"> <li>• Part of Texas Dept. of State Health Services.</li> <li>• Provides information &amp; referrals to health, human &amp; social service providers &amp; organizations.</li> <li>• Go to the website listed for services &amp; programs in your area. Select the type of information you’re looking for – from disease prevention. diagnosis, treatment health insurance, financial assistance or rehabilitative services.</li> <li>• Provides free &amp; confidential assistance.</li> </ul>
<b>UMC Wesley Nurse – Johnson City</b>	First United Methodist Church Johnson City Contact: Cindy Leonard Cell Phone: 512-771-8783 General Phone: 830-868-7440 Address: 105 N. LBJ Dr., Johnson City, TX 78636	<ul style="list-style-type: none"> <li>• Sponsored by UMC Methodist Healthcare Ministries.</li> <li>• A faith-based, holistic health &amp; wellness program committed to serving the least-served in our communities by providing health education, health promotion &amp; facilitation of resources.</li> <li>• Provides multidiscipline health &amp; wellness resources including healthcare information &amp; referrals to area healthcare services.</li> </ul>
<b>UMC Wesley Nurse – San Marcos</b>	First United Methodist Church San Marcos Phone: 512.392.6001 Web: <a href="http://www.fumcsm.org">www.fumcsm.org</a> Address: 129 W. Hutchinson, San Marcos, TX 78666	<ul style="list-style-type: none"> <li>• Sponsored by UMC Methodist Healthcare Ministries.</li> <li>• A faith-based, holistic health &amp; wellness program committed to serving the least-served in our communities by providing health education, health promotion &amp; facilitation of resources.</li> <li>• Provides multidiscipline health &amp; wellness resources including healthcare information &amp; referrals to area healthcare services.</li> <li>• For more information about the Wesley Nurse program, go to: <a href="http://www.fumcsm.org/ministries/">www.fumcsm.org/ministries/</a> &amp; scroll down to Wesley Nurse.</li> </ul>

### HEALTH CARE INSURANCE & ASSISTANCE

NAME	CONTACT INFO	DESCRIPTION
<b>Community Action Health Services</b>	Phone: 512-392-5816 Web: <a href="http://www.communityaction.com/health">www.communityaction.com/health</a> Address: 611 W. Martin Luther King Dr., San Marcos, TX 78666	<ul style="list-style-type: none"> <li>• Provides access to health care services for low-income men &amp; women in Hays, Caldwell &amp; Blanco Counties.</li> <li>• Provides family planning, limited prescription assistance, HIV/AIDS assistance &amp; breast/cervical cancer outreach health services.</li> <li>• Community Action also provides a range of other services. Refer to services listed elsewhere in this guide.</li> </ul>

<b>Community Action Prescription Assistance</b>	Phone: 512-392-1161, ext. 0 Web: <a href="http://www.communityaction.com/prescriptionassistance">www.communityaction.com/prescriptionassistance</a> Address: 215 S. Reimer Ave., Suite 130, San Marcos, TX 78667	<ul style="list-style-type: none"> <li>• Provides limited assistance for maintenance prescriptions by using major pharmaceutical companies' free prescription programs to help meet the needs of uninsured Hays County residents.</li> <li>• Program takes area physician referrals, screens patients for eligibility then sets up appointments to meet eligible patients, gather information &amp; complete pharmaceutical company applications.</li> <li>• Community Action also provides a range of other services. Refer to services listed elsewhere in this guide.</li> </ul>
<b>Community Action Rural AIDS Services Program (RASP)</b>	Phone: 512-392-1161 ext. 329 Web: <a href="http://www.communityaction.com/ruralaidsservicesprogram">www.communityaction.com/ruralaidsservicesprogram</a> Address: 215 S. Reimer Ave., Suite 130, San Marcos, TX 78667	<ul style="list-style-type: none"> <li>• Provides the following services for HIV positive individuals in Hays County (as well as counties surrounding Travis County) for case management, medical &amp; dental appointment transportation, financial assistance for housing, utilities, food, prescriptions, physician visits &amp; radiology services.</li> <li>• Develops partnership between the client &amp; case manager to work together to maintain client independence &amp; increase access to HIV medical care.</li> <li>• Confidential.</li> <li>• Community Action also provides a range of other services. Refer to services listed elsewhere in this guide.</li> </ul>
<b>Hays County Indigent Health Care Program (CIHCP)</b>	Phone: 512-393-5520 Web: <a href="http://www.hayscountytexas.com/departments/local-health-department/indigent-health-care-program/">www.hayscountytexas.com/departments/local-health-department/indigent-health-care-program/</a>	<ul style="list-style-type: none"> <li>• For Hays County residents who do not qualify for other state or federal health care assistance programs.</li> <li>• Must meet eligibility requirements to reside in Hay County, are ineligible for Medicaid &amp; meet specific income &amp; resources requirements based on AFDC (Aid to Families with Dependent Children) guidelines.</li> <li>• Basic health care services include: healthcare provider services, lab &amp; x-rays, family planning, Skilled Nursing Facility services, 3 prescriptions per month &amp; Inpatient/Outpatient hospital services.</li> <li>• Also provides indigent burial/cremation assistance.</li> <li>• Available in English &amp; Spanish.</li> </ul>
<b>Sendero Health Plans Marketplace Insurance</b>	Toll Free Phone: 844-800-4693, Mon thru Fri 8 am to 5 pm Web: <a href="http://www.senderohealth.com/">www.senderohealth.com/</a> Address: 2028 E Ben White Blvd., Suite 400, Austin, TX 78741	<ul style="list-style-type: none"> <li>• Non-profit, community-supported, member-focused health plan for low income &amp; unemployed persons as well as uninsured persons.</li> <li>• Must enroll &amp; determine eligibility through The Affordable Care Act Marketplace program. Go to <a href="http://www.healthcare.gov">www.healthcare.gov</a> for more information.</li> <li>• Free 24/7/365 local doctor access by phone, instant message or video chat. (eMD access).</li> </ul>
<b>UMC PLAN of Central Texas (PLANCTX)</b>	Phone: 512-851-0901 Email: <a href="mailto:info@planctx.org">info@planctx.org</a> Web: <a href="http://www.planctx.org">www.planctx.org</a> Address:- 4110 Guadalupe St., Bldg. 781, Suite 410, Austin, TX 78751	<ul style="list-style-type: none"> <li>• Partners with UMC Methodist Healthcare Ministries.</li> <li>• Planned Living Assistance Network (PLAN) provides a welcoming recovery community with behavioral health services including care management, counseling &amp; peer assistance for persons with mental health challenges &amp; any family members or other caring persons of their choice.</li> <li>• Serves those with moderate to severe mental health conditions.</li> <li>• Accepts insurance. Call to confirm providers.</li> <li>• Call &amp; leave a message to access services.</li> </ul>

#### HEALTH CARE CENTERS & CLINICS

NAME	CONTACT INFO	DESCRIPTION
<b>CommuniCare Health Centers</b>	Phone: 512.268-8900 Web: <a href="http://www.communicaresa.org/">www.communicaresa.org/</a> Kyle Address: 2810 Dacy Lane, Kyle, TX 78640	<ul style="list-style-type: none"> <li>• Integrated care provider with clinics throughout Austin &amp; the surrounding area. Provides a wide range of behavioral (mental) &amp; physical health services as well as dental, vision &amp; affiliated lab services. Types of services vary at each location.</li> <li>• Uninsured/low income families.</li> </ul>

	<p>San Marcos Address: 1941 S. IH35, Suite 101, San Marcos, TX 78666  Wimberley Address: 203 Stillwater Rd., Suite 6, Wimberley, TX 78676</p>	<ul style="list-style-type: none"> <li>• Accepts some kinds of insurance.</li> <li>• Kyle, San Marcos &amp; Wimberley locations.</li> </ul>
<p><b>CommUnity Care Health Centers</b></p>	<p>Eligibility &amp; Appointment Phone: 512.978.9015  Web: <a href="http://www.communitycaretx.org/">www.communitycaretx.org/</a>  <b>Oak Hill Health Center</b>  Phone: 512-978-9820  Web:  <a href="https://communitycaretx.org/locations/oak-hill.html">https://communitycaretx.org/locations/oak-hill.html</a>  Address: 8656-A Hwy 71 West, Suite C, Austin TX 78735  <b>Ben White Dental Clinic</b>  Phone: 512-978-9700  Web:  <a href="https://communitycaretx.org/locations/ben-white.html">https://communitycaretx.org/locations/ben-white.html</a>  Address: 1221 W. Ben White Blvd., Suite 112B, Austin, TX 78704</p>	<ul style="list-style-type: none"> <li>• A health care provider with numerous clinics around Austin.</li> <li>• The Oak Hill Health Center offers family medicine for adults &amp; children, women’s health, maternity care, HIV prevention, tele-psychiatry, behavioral health, clinical pharmacist &amp; lab services.</li> <li>• The Ben White Dental Clinic offers general &amp; pediatric dentistry.</li> <li>• Income based for uninsured/low income families.</li> <li>• Ask for a sliding scale appointment &amp; be prepared to bring a paycheck stub or letter of income as well as proof of residency &amp; an ID.</li> <li>• Accepts some kinds of insurance.</li> <li>• English &amp; Spanish speaking.</li> <li>• For more information on Eligibility &amp; Application Services go to website <a href="https://communitycaretx.org/eligibility.html">https://communitycaretx.org/eligibility.html</a>.</li> </ul>
<p><b>Hays County Local Health Department &amp; Live Oak Health Partners Community Clinic</b></p>	<p>Health Dept. Phone: 512-393-5520  Clinic Appointment Phone: 512-805-5650  Health Dept. Web:  <a href="https://hayscountytexas.com/departments/local-health-department/">https://hayscountytexas.com/departments/local-health-department/</a>  Clinic Web:  <a href="http://www.liveoakhealthpartners.com/community-clinic/">www.liveoakhealthpartners.com/community-clinic/</a>  Address: 401-A Broadway St., San Marcos, TX 78666</p>	<ul style="list-style-type: none"> <li>• To protect, promote, maintain, and improve the health and quality of life for Hays County residents and visitors through a responsive, well managed and organized effort.</li> <li>• Contact the Local Health Department to report communicable &amp; non-communicable diseases, create &amp; update immunization history, &amp; get information on diseases common to Texas..</li> <li>• The Live Oak Health Partners Community Clinic offers medical &amp; social services to help meet the needs of those who are under-insured &amp; non-insured in our community.</li> <li>• Services include: routine medical visits, wellness exams, prenatal care, pediatric visits, sports physicals, chronic illness monitoring (diabetes, cholesterol &amp; high blood pressure) , tuberculosis skin tests, Texas Health Steps exams, immunizations, STD screening &amp; treatment, eligibility services &amp; prescription assistance program.</li> <li>• Walk-in visits.</li> <li>• Accepts some insurance.</li> <li>• Sliding scale based on income.</li> <li>• Speak Spanish.</li> </ul>
<p><b>Lone Star Circle of Care Clinics</b></p>	<p>24-Hour Phone: 877-800-5722  Email: <a href="mailto:info@lscctx.org">info@lscctx.org</a>  Web: <a href="http://www.lonestarcares.org/">www.lonestarcares.org/</a>  <b>Ben White Behavioral Health Clinic</b>  Address: 1221 W. Ben White Blvd., Bldg. B, Suite 300, Austin, TX 78704  <b>Ben White Family Medicine Clinic</b></p>	<ul style="list-style-type: none"> <li>• Lone Star Circle of Care provides accessible patient-centered healthcare which eliminates health inequalities to facilitate wellness &amp; optimal living for all. .</li> <li>• Meets behavioral health care needs of individuals regardless of insurance status or ability to pay.</li> <li>• Offers behavioral healthcare, mental healthcare, dentistry, vision care, Ob/Gyn care, pediatrics &amp; senior care.</li> <li>• Lone Star Circle of Care clinics in southwest Austin include the Behavioral Health at Ben White clinic, the Ben White Clinic, the Stassney Clinic &amp; the El Buen Samaritano Clinic.</li> </ul>

	<p>Address: 1221 W. Ben White Blvd., Bldg. B, Suite 200, Austin, TX 78704</p> <p><b>Stassney Clinic</b></p> <p>Address: 730 W. Stassney Ln., Suite 110, Austin, TX 78745</p> <p><b>El Buen Samaritano Clinic</b></p> <p>Address: 7000 Woodhue Dr., Bldg B, Austin, TX 78745</p>	<ul style="list-style-type: none"> <li>• Services &amp; hours of operation vary at each clinic location.</li> <li>• Most services available in English &amp; Spanish.</li> <li>• Call Toll Free phone number to determine which clinic is appropriate for the services needed.</li> </ul>
<b>UMC People's Community Clinic</b>	<p>Phone: 512-478-4939</p> <p>Web: <a href="http://www.austinpcc.org/">www.austinpcc.org/</a></p> <p><b>People's Community Clinic</b> (the main clinic) Address: Camino La Costa, Austin, TX 78752</p> <p><b>People's Center for Women's Health</b></p> <p>Address: 2909 N. IH35, Austin, TX 78722</p>	<ul style="list-style-type: none"> <li>• Partners with UMC Methodist Healthcare Ministries.</li> <li>• The clinic is a unique &amp; tested model for medical care, a true safety net for Central Texas' uninsured and medically underserved. People's Community Clinic offers a greater variety of health &amp; wellness services than any other not-for-profit clinic in Austin, with services ranging from prenatal through eldercare.</li> <li>• Website available in English, Spanish &amp; other languages.</li> </ul>

#### PREGNANCY RESOURCES

NAME	CONTACT INFO	DESCRIPTION
<b>Heart of Texas Pregnancy Resource Center</b>	<p>Phone: 512-894-2298</p> <p>Spanish Phone: 512-704-7876</p> <p>Email: <a href="mailto:info@heartprchc.org">info@heartprchc.org</a></p> <p>Web: <a href="http://www.heartoftexasprc.org/">www.heartoftexasprc.org/</a></p> <p>Address: 1005 W. Hwy. 290, Dripping Springs, TX 78620</p>	<ul style="list-style-type: none"> <li>• Free &amp; confidential.</li> <li>• English &amp; Spanish available.</li> <li>• Provides accurate information &amp; answers questions.</li> <li>• Services include pregnancy tests, individual support, resource help &amp; community/medical referrals at no cost.</li> <li>• Walk-in visits or appointments.</li> </ul>
<b>TruChoice Pregnancy Resource Center</b>	<p>Phone: 512-396-3020</p> <p>Web: <a href="http://www.truchoiceprc.org/">www.truchoiceprc.org/</a></p> <p>Address: 115 Warden Ln., San Marcos, TX 78666</p>	<ul style="list-style-type: none"> <li>• Educates, supports &amp; empowers women &amp; man facing pregnancy decisions.</li> <li>• Free &amp; confidential.</li> <li>• Has chat line at website.</li> <li>• Speak English &amp; Spanish.</li> </ul>

#### NUTRITION

NAME	CONTACT INFO	DESCRIPTION
<b>Women Infant Children (WIC) Program</b>	<p>Toll Free Phone: 800-942-3678</p> <p>Texas Web: <a href="http://www.texaswic.org/">www.texaswic.org/</a></p> <p><b>San Marcos &amp; Kyle WIC Offices</b></p> <p>Phone: 512-393-8040</p> <p>Web: <a href="http://www.ci.san-marcos.tx.us/266/Women-Infants-Children-WIC">www.ci.san-marcos.tx.us/266/Women-Infants-Children-WIC</a></p> <p>San Marcos Address: 215 S. Reimer Ave., Suite 100, San Marcos, TX 78666</p>	<ul style="list-style-type: none"> <li>• Provides nutritional resources for low income pregnant/breastfeeding woman, infants &amp; children up to age 5 to safeguard their health.</li> <li>• Provides nutritious foods to supplement diets, information on healthy eating including breastfeeding promotion/support &amp; referrals to health care providers.</li> <li>• For Texas WIC application information &amp; eligibility guidelines, go to: <a href="http://www.texaswic.org/apply">www.texaswic.org/apply</a></li> <li>• Can apply by calling toll free phone, scheduling an appointment at a WIC office or submitting an application online.</li> <li>• Available in English &amp; Spanish.</li> </ul>

	<p>Kyle Address: 150 W. Lockhart St., Kyle, TX 78640  <b>Oak Hill WIC Office</b>  Phone: 512-972-4942  Email: <a href="mailto:OakHillWIC@austintexas.gov">OakHillWIC@austintexas.gov</a>  Web: <a href="http://www.austintexas.gov/WIC">www.austintexas.gov/WIC</a>  Address: 8656 W Hwy. 71, Bldg A, Suite B, Austin, TX 78735</p>	
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**CANCER SUPPORT**

NAME	CONTACT INFO	DESCRIPTION
<p><b>American Cancer Society in Texas</b></p>	<p>Austin Office Phone: 512-919-1800  National Toll Free: 800-227-2345  Texas Web: <a href="http://www.cancer.org/about-us/local/texas.html">www.cancer.org/about-us/local/texas.html</a>  Austin Address: 11000 N. Mopac Expy., #100, Austin, TX 78759</p>	<ul style="list-style-type: none"> <li>• Provides American Cancer Society programs &amp; services to help manage cancer treatments &amp; recovery as well as to help find emotional support for cancer patients &amp; survivors.</li> <li>• Free services for transportation, advocacy, lodging &amp; cancer information resources.</li> <li>• Hours: Mon – Fri from 8:00 am – 4:30 pm.</li> <li>• Has a chat line at the website.</li> </ul>
<p><b>B.I.G. Love Cancer Care Services</b></p>	<p>Toll Free Phone: 888-522-7339  Email: <a href="mailto:biglovecancercaretx@gmail.com">biglovecancercaretx@gmail.com</a>  Web: <a href="http://www.biglovecancercare.org">www.biglovecancercare.org</a>  Address: PO Box 90818, Austin, TX 78709-0818</p>	<ul style="list-style-type: none"> <li>• BIG Love’s founders (from Dripping Springs) honor their young daughter Brooke by serving &amp; extending big love to young cancer patients (ages birth to 21 years old) to ease the childhood cancer journey.</li> <li>• B.I.G. Love’s mission is to meet the most basic &amp; urgent physical, emotional &amp; financial needs of pediatric oncology &amp; hematology patients &amp; their families. Patients can be inpatient or outpatient.</li> <li>• Provides a range of services &amp; items including: special grocery items, comfort items, care bags, gift baskets, toys to play with, crafts, movie night &amp; snacks.</li> <li>• Provides services at Dell Children’s Medical Center in Austin as well as hospitals in Houston &amp; San Antonio.</li> <li>• Contact the patient’s social worker at Dell Children’s Hospital (or other hospitals where BIG Love serves).</li> </ul>
<p><b>Texas Cancer Information</b></p>	<p>Email: <a href="mailto:info@texascancer.info">info@texascancer.info</a>  Web: <a href="http://www.texascancer.info/">www.texascancer.info/</a>  Address: Texas Cancer Information – Unit 1677, The University of Texas MD Anderson Cancer Center, PO Box 301439, Houston, TX 77230-1438</p>	<ul style="list-style-type: none"> <li>• Connects patients, caregivers, the public, planners, physicians &amp; other health professionals with online cancer information &amp; services to empower Texans with the knowledge needed to reduce the impact of cancer.</li> <li>• Provides information only about cancer, cancer services, support &amp; survivorship. Does not provide medical services.</li> <li>• Established &amp; managed by The University of Texas MD Anderson Cancer Center.</li> </ul>
<p><b>Livestrong Cancer Support</b></p>	<p>YMCA, School &amp; Navigation Phone: 855-220-7777, calls answered Mon to Fri 9 am to 4 pm CST  Fertility Phone: 855-844-7777, calls answered Mon to Thurs 7:30 am to 4 pm &amp; Fri 7:30 am to 3 pm CST  Email: <a href="mailto:cancersupport@livestrong.org">cancersupport@livestrong.org</a>  Web: <a href="http://www.livestrong.org">www.livestrong.org</a>  Address: 623 W. 38<sup>th</sup> St., Suite 300, Austin, TX 78705</p>	<ul style="list-style-type: none"> <li>• Goal is to help cancer survivors &amp; their loved ones impacted by a cancer diagnosis. Livestrong puts the survivor first &amp; seeks to find out what survivors &amp; caregivers need, how systems can be more person-centered &amp; how innovators can bring impossible ideas to life.</li> <li>• Offers 4 cancer support programs including:  <b>Livestrong at the YMCA:</b> Partners with the YMCA to promote the importance of physical activity after a cancer diagnosis. This 12-week program is offered at the Springs Family YMCA in Dripping Springs. Call the Springs Family YMCA at 512-894-3309 for more information &amp; to speak with the YMCA program coordinator. This program is available at low or no cost.  <b>Livestrong at School:</b> Livestrong has created a curriculum designed to help educators, parents &amp; caregivers teach children about cancer in a way that’s inspiring &amp; empowering. This program offers age-appropriate lessons for grades K-12 to help children understand the cancer journey whether as a cancer survivor or a</li> </ul>

		<p>loved one.</p> <p><b>Livestrong Navigation:</b> Provides free, personalized support for the practical, physical &amp; emotional concerns people face when dealing with a cancer diagnosis. Provides referrals to organizations for financial, insurance, transportation, emotional &amp; mental health resources. Does not provide any service directly at the Austin office.</p> <p><b>Livestrong Fertility:</b> Provides reproductive information resources to survivors whose cancer &amp; treatment presents risks to their fertility. Offers a minimum 25% discount on fertility preservation for people affected by cancer who are interested in building a family.</p>
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