

DSUMC WECARE RESOURCE GUIDE

Resource Guide Sections

- **COVID-19**
- **MENTAL HEALTH & EMOTIONAL SUPPORT RESOURCES**
General Mental & Emotional Health, Counseling & Therapy, Private Mental Health Treatment, Psychiatric Crisis & Suicide, Substance Use, Dependency & Abuse, Abuse & Domestic Violence, Children & Youth, Veterans, Rehabilitation & Disability, Senior & Elderly, Caregiver, Respite, Hospice & Homecare
- **MEDICAL HEALTH CARE RESOURCES**
General Health Care, Health Care Insurance & Assistance, Health Care Centers & Clinics, Pregnancy, Nutrition, Cancer
- **SOCIAL SERVICES & SUPPORT RESOURCES**
General Social Services, Transportation Services, Employment Services, Legal Aid Services, Emergency Services

INTRODUCTION

Dripping Springs United Methodist Church has developed the WeCare Resource Guide for our church family & those who come to our church seeking support & resources. The guide includes services & resources ranging from mental & emotional health services, medical health care services & social services which are available from DSUMC or the United Methodist Church as well as local Dripping Springs, Hays County, regional & national resources.

The guide will be updated from time to time. Help us keep the guide relevant by submitting changes or suggestions for other area resources to WeCareResources@dsumc.org.

DISCLAIMER

The resources in this guide are not all encompassing & can change on an on-going basis. Other resources are often available which have not been included. Organization & program information in the guide can change at any time. Confirm each organization or program's contact information, operating procedures & available services.

SPECIAL NOTE ABOUT COVID-19

The WeCare Resource Guide provides information on the normal, routine operating processes & procedures for listed organizations & programs – not for Covid-19 specific operating processes & procedures. Always contact the organization or program to find out about their specific Covid-19 procedures. For example, healthcare providers may provide telemedicine appointments instead of in-person appointments. Or, training, educational & enrichment programs & classes may be using video conferencing rather than in-class, in-person sessions.

COVID-19 RESOURCES

NAME	CONTACT INFORMATION	DESCRIPTION
Hill Country MHDDC Covid-19 Mental Health Support Line	24/7 Support Line: 888-690-0799	<ul style="list-style-type: none">• Talk with a mental health professional for help dealing with anxiety, depression, stress, worry or grief related to the Covid-19 pandemic• Free.
Texas Covid-19 Test Collection Sites	Phone: 512-883-2400 Web: https://www.covidtest.tdem.texas.gov/	<ul style="list-style-type: none">• Provides an area map with county boundaries which shows test collection sites.• Search by address, test facility or zip code.• Click on stars on the map to get facility name, address & hours of operation.
Hays County Covid-19 Vaccination Notification	Web: https://www.haysinformed.com/covid-19	<ul style="list-style-type: none">• Provides notices & information about when vaccinations will be given.

	Facebook page: https://www.facebook.com/hayscountytexas Text: COVID to 844-928-3213	<ul style="list-style-type: none"> • This Hays County website & Facebook page gives notices about upcoming vaccination availability & when the Hays County appointment registration portal will be open. Once the portal is open, the website & Facebook page provides a link to access the appointment registration site. • The Hays County website & Facebook page also has a vaccination pre-registration link for those who qualify. Pre-registration does not guarantee an appointment. • If you have internet access or a smart phone, use that to go through the appointment process. • If you do not have internet access & do not have a smart phone, call 512-938-1650 to go through the appointment process.
Hays County & Texas HHS Dept. Of State Health Services Covid-19 Resources	Texas HHS Phone: 512-776-7111 Hays County Website: hayscountytexas.com/2020/04/14/resources-for-residents-affected-by-covid-19/	<ul style="list-style-type: none"> • Hays County list of resources for residents who have lost their jobs or need food, mental health support, or other assistance due to the COVID-19 pandemic. • Resources are also available for small businesses and nonprofits. • Persons who need help & live within a city limit in Hays County should also check their city's website for additional assistance that may be available. • Texas Health & Human Services (HHS) Dept. of State Health Services also has information about the Texas Covid-19 response.

MENTAL HEALTH & EMOTIONAL SUPPORT RESOURCES

GENERAL MENTAL & EMOTIONAL HEALTH

NAME	CONTACT INFORMATION	DESCRIPTION
DSUMC Prayer Chain	Contact: Amy Simons, DSUMC Coordinator Phone: 512-971-9909 Email: amitchhart@austin.rr.com Prayer Request Email: prayer@dsumc.org Web: https://dsumc.churchcenter.com/groups/online-groups/prayer-chain	<ul style="list-style-type: none"> • Being part of the DSUMC Prayer Chain provides prayer support for you, our DSUMC church family & our community. • To join our DSUMC Prayer Chain, go to https://dsumc.churchcenter.com/groups/online-groups/prayer-chain. • Email a prayer request to prayer@dsumc.org It will be added to the prayer list.
DSUMC WeCare	Contact: DSUMC Church Office Phone: 512-894-7123 Email: wecare@dsumc.org	<ul style="list-style-type: none"> • Keeps DSUMC church staff abreast of when church family is ill, in the hospital or wants a visitation. • Be our eyes & ears by letting church staff know! • Seeks & communicates about resources within DSUMC & outside the church in our community. • Publishes the WeCare Resource Guide. Email wecarerresources@dsumc.org to provide suggestions for local mental & emotional health, medical health care & social services resources.
DSUMC DivorceCare	Linda Snow DSUMC Lay Minister DivorceCare Group Leader Phone: 512-619-9975 Email: EmbroideryDetails@gmail.com Address: 28900 Ranch Road 12, Dripping Springs, TX 78620 Qualifications include:	<ul style="list-style-type: none"> • Participants in separation & divorce find tools, teaching & support to help us deal with our pain, give us hope for the future, including possible reconciliation, & move toward rebuilding your life. • Reduce or eliminate the loss, confusion & isolation encountered with separation or divorce. • Faith based & Biblically centered. • An online class using video, Bible study guide & online meetings for individual & group learning & discussion. Participants are encouraged to repeat the course. • \$15 per person for materials, scholarships available. • Meets weekly for 13 weeks.

	<ul style="list-style-type: none"> • DSUMC Certified Lay Minister • DivorceCare trained • Christian Care & Counseling trained • Mental Health First Aid trained 	
DSUMC GriefShare	<p>Linda Snow DSUMC Lay Minister GriefShare Group Leader Phone: 512-619-9975 Email: EmbroideryDetails@gmail.com Address: 28900 Ranch Road 12, Dripping Springs, TX 78620</p> <p>Qualifications include:</p> <ul style="list-style-type: none"> • DSUMC Certified Lay Minister • GriefShare trained • Christian Care & Counseling trained • Mental Health First Aid trained 	<ul style="list-style-type: none"> • A friendly, compassionate group of people who walk alongside those going through one of life's most difficult experiences. Share your grief & burdens with friends who understand & also lend love & support to others. • Find help & healing for the hurt of losing a loved one as well as learning how to move toward recovery & rebuilding your life. • Faith based & Biblically centered. • An in-person (or online as needed) class using video seminar, group discussion & a personal workbook. Participants are encouraged to repeat the course. • Group setting for learning & discussion. • \$15 per person for materials, scholarships available. • Meets weekly for 13 weeks.
DSUMC Stephen Ministry	<p>Ken Heffley DSUMC Stephen Ministry Referral Coordinator Phone: 214-212-1548 Email: k.heff2020@gmail.com Address: 28900 Ranch Road 12, Dripping Springs, TX 78620</p> <p>Qualifications include:</p> <ul style="list-style-type: none"> • DSUMC Stephen Ministry Referral Coordinator • DSUMC Stephen Ministry Leader & Minister • Stephen Leader trained • Stephen Minister Caregiving trained 	<ul style="list-style-type: none"> • For those experiencing grief, loneliness, divorce, hospitalization, disability, job loss & other life crises. • A Stephen Minister (a DSUMC member) partners with a church family member or someone in our community. He or she confidentially listens, cares, encourages & provides emotional & spiritual support. • Trained in caring ministry, assertive relating, spiritual gifts discovery, grief support, spiritual growth & more. • Faith based & Biblically centered & focused on church & community. • No cost & no set duration. • Completely confidential. • Participants will be paired with a Stephen Minister of the same sex. • Provides one-on-one Christian care.
DSUMC & Texas Methodist Foundation Putting Your House In Order: End of Life Stewardship	<p>Linda Snow DSUMC Lay Minister Phone: 512-619-9975 Email: EmbroideryDetails@gmail.com Address: 28900 Ranch Road 12, Dripping Springs, TX 78620</p> <p>Qualifications include:</p> <ul style="list-style-type: none"> • DSUMC Certified Lay Minister • Putting Your House In Order trained 	<ul style="list-style-type: none"> • This Texas Methodist Foundation workshop is conducted occasionally as needed. Call if interested in the workshop. • Put your business & personal affairs into good order by updating your financial affairs, formalize your funeral plans & mend your family fences. • Topics include independent/assisted/skilled nursing living, planning funerals/cremations, during life/after death organ donation as well as preparing & communicating about legal documents, chronicling information for probate, financial affairs & advanced directives. • \$10 per person for materials.

<p>UMC Parenting – San Marcos</p>	<p>United Methodist Church San Marcos Phone: 512.392.6001 Web: www.fumcsm.org Address: 129 W. Hutchinson, San Marcos, TX 78666</p> <p>Parenting Program Manager Phone: 800-959-6673 – Marla</p>	<ul style="list-style-type: none"> Sponsored by UMC Methodist Healthcare Ministries. <p>Meld Parent Support Groups</p> <ul style="list-style-type: none"> Learn about health & safety, child guidance & development, family management, personal development & other topics related to successful parenting. There are different programs, including Meld Young Families for parents ages 13 to 25, Meld Growing Families for parents ages 26 & older, grandparents or other family members who actively parent children & Meld Special Needs group: for parents/caregivers raising children living with a wide range of illnesses & disabilities. Available for English, Spanish & bilingual groups. <p>Parents as Teachers Home Visitation Program</p> <ul style="list-style-type: none"> Provides personal home visits to families & group connection events focused on parent-child interaction, development-centered parenting, & family well-being. Supports parents throughout pregnancy until their children enter school full-time by providing health, hearing, vision & developmental screenings for eligible children. Connects families to resources & helps them overcome barriers to accessing those resources. Available in English & Spanish. <p>Parents Helping Parents Support Groups</p> <ul style="list-style-type: none"> An early education program based on the belief that parents are the first teachers & best advocates for their children. Parents learn about health safety, child development, child guidance, family management & personal growth. Topics include, but are not limited to, parents raising teens; parents with children 3 to 12 & teen parents. Operates in 12-week sessions. Must be a parent/ child caregiver who wants to learn & share experiences, has a positive attitude & respects others opinions/beliefs. Available for English & Spanish groups.
<p>Stress & Anxiety Phone Apps</p>	<p>Self-Help Anxiety Management Web Itunes: apps.apple.com/us/app/self-help-for-anxiety-management/id666767947 Web Google Play: play.google.com/store/apps/details?id=uk.co.mindgardentech.sam Breathe2Relax Web Itunes: Web Google Play:</p>	<ul style="list-style-type: none"> The Self-Help Anxiety Management app offers a range of self-help methods for people who are serious about learning to manage their anxiety. Developed by a university team of psychologists, computer scientists and student users. The Breathe2Relax app provides stress management tools & exercises with information on the effects of stress on the body. The app includes breathing exercises documented to decrease the body’s ‘fight-or-flight’ (stress) response & help with mood stabilization, anger control & anxiety management. Can be used individually or with your healthcare provider. This information provided by Texas Health & Human Services. For more information, go to : hhs.texas.gov/services/mental-health-substance-use/mental-health-crisis-services. For information on how to contact Texas HHS offices & service agencies, go to: www.hhs.texas.gov/about-hhs/find-us.
<p>The Samaritan Center for Counseling</p>	<p>Phone: 512-451-7337 Address: 129 W. Hutchinson, San Marcos, TX 78666</p>	<ul style="list-style-type: none"> Located at First United Methodist Church San Marcos Vision is to have a healthy & compassionate community where every individual achieves mental, physical, spiritual & social well-being. Uses a holistic approach to mental health for all ages, whole families & the military community.

		<ul style="list-style-type: none"> • Provides a path to wellness using mental health counseling for children, adolescents, adults & families, group therapy, pastoral counseling, peer support services. • Also provides integrative medicine including acupuncture, tai chi, nutrition counseling & herbal medicine as well as wellness education for communities, schools, churches & organizations. • Offers online therapy (telehealth). Call for more information. • Partners with the Military Veteran Peer Network to provide additional support for veterans & their families.
<p>Hill Country Mental Health & Developmental Disabilities (MHDD) Center</p>	<p>For Mental Health Services– refer to The Scheib Mental Health Center listing or to the MHDD Kyle Mental Health Center (below).</p> <p>MHDD Phone: 512-392-7151 MCOT Crisis Hotline: 877-466-0660 Web: www.hillcountry.org MHDD Kyle Mental Health Center Phone: 512-392-8953 Toll Free: 844-327-1274 Address: 1300 Darcy Lane, Suites 120-130, Kyle, TX 78640</p> <p>For Intellectual & Developmental Disabilities (IDD) Services– refer to The Scheib IDD Center</p>	<ul style="list-style-type: none"> • Offers programs for adult & children behavioral (mental & physical) health, intellectual & developmental disabilities, substance abuse, crisis care & justice involved services. • MHDD resources for Hays County include: Youth Crisis Respite Center (Scheib), Hays County Service Coordination, Hays County IDD Center (Scheib), Scheib Mental Health Center & Kyle Mental Health Center. Refer to separate listings for each of these resources. • Hill Country MHDD Services include: Children & Adolescent Services, Co-Occurring Psychiatric & Substance Use Disorder (COPSD), Crisis Stabilization Unit, Intellectual & Developmental Disabilities Services, Justice Involved Services, Mental/Behavioral Health, Mobile Crisis Outreach Team (MCOT), Peer Services, Substance Use Disorder Outpatient Services, Veteran Services & Youth Crisis Respite.. • To find information on other local resources outside of the Hill Country MHDD organization, go to www.hillcountry.org/all_services/ • Website is available in English & Spanish.
<p>Hill Country MHDD/Scheib Center Mobile Crisis Outreach Team (MCOT)</p>	<p>Phone: 512-392-7151 MCOT Crisis Hotline 877-466-0660</p>	<ul style="list-style-type: none"> • Hill Country MHDD Mobile Crisis Outreach Team’s mission is to provide a professional & humane response to individuals in a mental health crisis situation using the least restrictive intervention & treatment methods possible. • MCOT provides prompt screening, psychiatric assessments & medication treatment, stabilization, crisis resolution & referrals to appropriate community resources. • MCOT services are strictly confidential. • MCOT operates as part of Hill Country Community MHDD & The Scheib Mental Health Center.
<p>Scheib Mental Health Center, part of The Scheib Center</p>	<p>Phone: 512-392-7151 Toll Free: 888-648-3947 Address: 1200 N. Bishop, San Marcos, TX 78666</p>	<ul style="list-style-type: none"> • The Scheib Mental Health Center provides mental health & mental disability services to residents in San Marcos & Hays County primarily to those without insurance & those on Medicaid.
<p>Scheib Intellectual & Developmental Disabilities (IDD) Center, part of The Scheib Center</p>	<p>Phone: 512-392-7104 Referral Hotline: 830-387-5970, leave message Address: 1200 N. Bishop, San Marcos, TX 78666</p>	<ul style="list-style-type: none"> • Helps individuals & their families choose as well as access quality, cost-efficient intellectual & developmental disability services & support. • For more information on services & eligibility, call the Referral Hotline (830-387-5970) & leave a voice message. Someone will get back in touch with you as soon as possible so please be patient.

<p>Scheib Youth Crisis Respite Center, part of The Scheib Center</p>	<p>Phone: 512-667-9870 Address: 614 N. Bishop St., San Marcos, TX 78666</p>	<ul style="list-style-type: none"> Youth mental health services. Scheib Youth Crisis Respite Center serves teenagers between the ages of 13 and 17 who are experiencing a need for a short-term “break” from a pending or existing stressor. Referrals can be self or family initiated. Referrals may also come from schools, law enforcement, mental health facilities, hospitals & local mental health professionals. The center provides short-term residential crisis services to youth with low risk of harm to self or others. Respite services are provided in a safe, caring, traditional home environment with 24-hour supervision. Activities are individualized to target & alleviate the immediate challenges the youth & their family are experiencing. While at the Center, youth continue their education & are offered social as well as recreational activities.
<p>National Alliance on Mental Illness (NAMI) Central Texas (formerly NAMI Austin)</p>	<p>Austin Resources: NAMI Austin Information & Resources Phone: 512-420-9810 Email: info@namicentraltx.org Web: www.namicentraltx.org/</p> <p>Texas Resources: NAMI Texas Phone: 512-693-2000 Web: www.namitexas.org</p> <p>National Resources: NAMI Information Line: 800-950-NAMI (6264) Text NAMI to 741741 for 24/7 free & confidential crisis counseling Web: www.nami.org</p>	<ul style="list-style-type: none"> Provides information & resources for those interesting in learning more about mental health & other resources & those who are facing a mental health challenge. For online resources, go to: www.namicentraltx.org/resources/ A wide variety of adult & family classes & programs are available. One program is for faith leaders. Register online, go to: www.namicentraltx.org. Click on the first tab - Support & Education. NAMI has phone numbers for Crisis Intervention Teams (CITs). A CIT is a group of law enforcement officers specifically trained to respond to persons in a mental health crisis. A CIT has two primary purposes: <ul style="list-style-type: none"> - to respond to emergency calls involving mental health consumers in a mental crisis. - to divert persons from the criminal justice system as well as connecting them with mental health services. IMPORTANT NOTE: In a life-threatening situation, call 911. For information on crisis support, go to www.namitexas.org/crisis/ Suicide Assessment Card: namicentraltx.org/wp-content/uploads/2019/05/SuicidePreventionQuestions1.pdf
<p>Austin State Hospital</p>	<p>Phone: 512-452-0381 After Hours Switchboard Phone: 512-452-0381 Web: www.hhs.texas.gov/services/mental-health-substance-use/state-hospitals/austin-state-hospital/ Address: 4110 Guadalupe St., Bldg 781, Floor 4, Room 419, Austin, TX 78751</p>	<p>A Texas Health & Human Services commission facility, the Austin State Hospital provides adult, adolescent & child psychiatric services as well as specialty psychiatric services for older people or those with an intellectual or developmental disability.</p> <ul style="list-style-type: none"> Patients typically stay short term until their condition stabilizes & they can return to their communities where outpatient support services can be provided. Provides low cost, overnight accommodations at The Family House for up to 4 families of current patients. The Family House is available 24/7 & visits may be arranged for through an ASH social worker. After hours access (anytime other than 8am to 5pm) must be prearranged through the ASH switchboard at 512-452-0381. Web provides information in English & Spanish.

COUNSELING & THERAPY

Besides the resources listed below, additional local counseling & therapist resources can be found in the Dripping Springs Psychotherapy Directory. Go to Web: www.dspsychotherapy.org/ for more information. Or, go to www.dspsychotherapy.org/therapist-listing for a detailed list of therapists in the area.

NAME	CONTACT INFO	DESCRIPTION
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<p>Stacy Baugh, LCSW</p>	<p>Stacy Baugh LCSW Therapy Owner: Stacy Baugh, LCSW Certified Positive Discipline Parent Educator Phone: 512-608-7071 Email: stacybaughtherapy@gmail.com Web: www.stacybaughtherapy.com/ Address: 131 Benney Lane, Suite B103 Dripping Springs, TX 78620</p> <p>Credentials include:</p> <ul style="list-style-type: none"> • Licensed Clinical Social Worker (LCSW) • Master of Science in Social Work (MSSW) • Certified Positive Discipline Parent Educator. 	<ul style="list-style-type: none"> • Children 7+ years old, adolescents, adults, family therapy, parent coaching. • Mental & emotional challenges including, ADHD, anger, anxiety, depression, divorce, life change adjustment, relationships, school difficulties, , self-injury, suicidal ideation. . • individual, group, and family counseling, treatment planning, and behavior modification. • Christian/faith based. • In person & telemedicine availability. • Fee based, sliding scale availability.
<p>Lisa Blackwood</p>	<p>Austin Wellness PLLC Owner: Lisa Blackwood Phone: 512.257.0050 X113 Email: lisa@austin-wellness.com Web: www.austin-wellness.com Address: 10010 Anderson Mill Road, Austin, TX 78750</p> <p>Credentials include:</p> <ul style="list-style-type: none"> • Masters in Pastoral Counseling • Licensed Professional Counselor, Supervisor (LPC • Desensitizing Reprocessing-S) • Licensed Chemical Dependency Counselor • EMDR Certified: Eye Movement Certified Therapist • Collaborative Divorce Neutral Professional <p>Secondary Teacher Certification.</p>	<ul style="list-style-type: none"> • Psychoanalysis & Psychotherapy • Mental & chemical health issues including ADHD, anxiety, chemical addiction, depression, divorce/marriage/premarital counseling, grief/loss, OCD, PTSD & Trauma. • Spiritual direction. • Collaborates with Individuals, couples, families & groups on theological & psychological themes with in-person & online therapy. • Unique training, workshops, seminars, retreats for groups, churches & businesses. • Awareness for clients to learn skills to navigate life more effectively & to create meaningful change to have the quality of life you want & to foster wellness in mind, body, spirit & community by exploring new ways of being. • Christian/faith based. • In person & telemedicine availability.
<p>Michelle DeMarco</p>	<p>Michele DeMarco, LPC Owner: David's Hope Counseling & Associates Phone: 512-756-5321 Email: dhc.demarco@gmail.com</p>	<ul style="list-style-type: none"> • Children 4-12 years old, adolescents 13-17 years old, adults 18+ years old. • Specialties: School success, self-esteem, building healthy relationships, anxiety, grief, life transitions & parenting support. • Uses play, sand tray, CBT, solution-focused, family systems & psychodynamic therapies. • Off-hours appointments available Mon. through Sat.

	<p>Web: davidshopecounseling.com/ Address: 26160 Ranch Rd 12, Dripping Springs, TX 78620</p> <p>Credentials include:</p> <ul style="list-style-type: none"> • Licensed Professional Counselor (LPC). • Austin ISD Elementary School Counselor & Teacher 	<ul style="list-style-type: none"> • In person & teletherapy. • Fee based: • Christian friendly.
<p>Melanie Martin</p>	<p>Melanie Martin LPC Owner: Melanie Martin Phone: 512-917-5146 Email: melmart91@gmail.com Web Site: https://melaniemartinlpc.com/ Address: Arbor Center Office Park 800 W. Highway 290 Bldg. A, Suite 300 Dripping Springs, Texas 78620</p> <p>Credentials include:</p> <ul style="list-style-type: none"> • Licensed Professional Counselor (LPC). • Master of Arts Clinical Mental Health Counseling & BS Psychology. • National Certified Counselor (NCC). 	<ul style="list-style-type: none"> • Adults 18+ years old. • Specialties: Anger, anxiety, stress, crisis intervention, depression, domestic abuse, family conflict, grief/loss, impulse control, life transitions, parenting, trauma recovery & women’s issues. • Individual counseling to help clients evaluate their world & challenges in a safe, judgment-free environment. • Person-centered therapies using tools such as Cognitive Behavioral Therapy (CBT) & mindfulness. • Accepts BCBS, Optum & United Healthcare. • Free phone consultation. • Evening & weekend appointments available. • Fee based, sliding scale available. • Sessions are normally in person. Call to inquire about telehealth/telemedicine services.
<p>Tina Moody</p>	<p>Business Name & Contact Information</p> <p>Tina Moody, LPC, MA, MDiv Owner: Life Practice Phone: 512-689-4330 or 512-607-9591 Email: tmoody@lifeppractice.net Webs: www.lifeppractice.net & www.mevoke.com Address: 28465 Ranch Rd 12, Dripping Springs, TX 78620</p> <p>Credentials include:</p> <ul style="list-style-type: none"> • Licensed Professional Counselor (LPC) • Master of Arts (MA) in Psychology • Master of Divinity (MDiv) • Former Methodist Pastor • Chaplain in hospital, psychiatric & other settings 	<p>Specialties & Type of Practice</p> <ul style="list-style-type: none"> • Older adolescents, adults & couples. • Adult group sessions may be available. • Specialties: Anxiety, depression, PTSD & trauma. • Therapies: Cognitive Behavioral therapy (CBT), family, marital, interpersonal, mindfulness based, relational. • Offers supportive guidance & expertise to those confronting obstacles or transitions toward fuller, richer, more fulfilling lives. • Off hours appointments available Mon. through Sat. • Christian/Faith Based • Free phone consultation. • In person appointments. Please call before making first appointment. • Telemedicine & phone appointments available. • Fee based.

PRIVATE MENTAL HEALTH TREATMENT

NAME	CONTACT INFO	DESCRIPTION
<p>Ascension Seton Shoal Creek Hospital</p>	<p>Phone: 512-324-2000 Outpatient Appointments: 512.324.2039 Web: www.healthcare.ascension.org/Locations/Texas/TXAUS/Austin-Ascension-Seton-Shoal-Creek Address: 3501 Mills Ave., Austin, TX 78731</p>	<ul style="list-style-type: none"> • Ascension Seton Shoal Creek has licensed staff on call 24 hours a day to address mental health needs of patients & their families. • Diagnoses & treats a wide range of mental health illnesses. • Provides programs to address complications linked to mental illness including drug & alcohol addiction, family conflicts & social isolation. • Treats people of all ages.
<p>Ascension Seton Hays Hospital Emergency Department in Kyle</p>	<p>ER Phone: 512-504-5125 Psychiatric Emergency Phone: 512-472-4357 Emergency Care Questions Phone: 512-360-9114 General Inquiries Phone: 512-504-5000 Address: 6001 Kyle Pkwy., Kyle, TX 78640 Emergency Care Web: www.healthcare.ascension.org/locations/texas/txaus/kyle-ascension-seton-hays-emergency-department</p>	<ul style="list-style-type: none"> • Provides emergency psychiatric services & assessments for adults & children as well as other emergency services. • The ER will do a psychiatric evaluation & make transfers to Dell Seton Psychiatric or Seton Shoal Creek (on an inpatient or outpatient basis) or make referrals elsewhere. • Has a Level IV Trauma Center which provides advanced trauma life support before transferring patients to higher level trauma centers (Level 1 or Level 2 Trauma Centers). Provides evaluation, stabilization & diagnostic capabilities & has on-site trauma nurses & physicians. • Emergency Room is open 24/7. • The Emergency Care Questions phone line provides answers to questions about appropriate kinds of care needed, location of the closest Ascension Seton facility or to communicate with the Kyle ER about a pending arrival to the Kyle ER. • To set an appointment with the Kyle ER, go to www.healthcare.ascension.org/locations/texas/txaus/kyle-ascension-seton-hays-emergency-department. Click on the Schedule Appointment Online button then on the Emergency Room button. Click on the Emergency Room – Schedule link to select an appointment date & time. • Low income or income scaling for eligible persons.
<p>Austin Lakes Hospital (in St. David's Pavilion)</p>	<p>Phone: 512-478-3627 Assessment & Admissions Phone: 512-544-5253 Address: 919 E. 32nd St., Austin, TX 78765</p>	<ul style="list-style-type: none"> • Offers 24/7 confidential, no cost assessments. • Offers inpatient mental health services for: <ul style="list-style-type: none"> - adults & seniors (ages 18 & older) in need of acute 24-hour hospitalization for crisis intervention, assessment, medical stabilization. Has Psychiatric Intensive Care Unit. - has a senior adult (ages 55 & older) program for aging adults to address the physical, social & mental changes that may occur during the aging process. - a partial hospitalization program for outpatient care in a structured environment (comparable to inpatient treatment) - an intensive outpatient counseling & therapy program to maximize coping efforts where participants return home after sessions to practice skills & tools learned.

PSYCHIATRIC CRISIS & SUICIDE RESOURCES

NAME	CONTACT INFO	DESCRIPTION
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Hill Country MHDD/Scheib Center Mobile Crisis Outreach Team (MCOT)	Phone: 512-392-7151 MHDD/MCOT Crisis Hotline 877-466-0660	<ul style="list-style-type: none"> • Hill Country MHDD Mobile Crisis Outreach Team’s mission is to provide a professional & humane response to individuals in a mental health crisis situation using the least restrictive intervention & treatment methods possible. • MCOT provides prompt screening, psychiatric assessments & medication treatment, stabilization, crisis resolution & referrals to appropriate community resources. • MCOT services are strictly confidential. • MCOT operates as part of Hill Country Community MHDD & The Scheib Mental Health Center.
Crisis Text Line	Text HOME to 741741 Web: www.crisistextline.org/	<ul style="list-style-type: none"> • Crisis Text Line provides free, 24/7 crisis support via text. • Text HOME to 741741 to connect with the Crisis Text Line & text with a trained crisis counselor. • Can also message using Facebook. Go to https://www.messenger.com/t/crisistextline. • Effort began as part DoSomething.org, an organization for young people & social change.
National Suicide Prevention Lifeline	24/7 Phone: 800-273-TALK (8255) Spanish Phone: 888-628-9454 Deaf/Hard of Hearing Phone (TTY): 800-799-4889	<ul style="list-style-type: none"> • Provides phone support 24/7. • Lifeline chat connects people to counselors for emotional support. • Webchat 24/7. https://suicidepreventionlifeline.org/chat/
National Hopeline Network	24/7 Hotline Phone: 800-SUICIDE (784-2433) Spanish Hotline: 877-784-2432 IMAlive Crisis Center Chat: www.IMALive.org IMAlive Email: info@imalive.org	<ul style="list-style-type: none"> • The National Hopeline Network (or Hopeline) is a program of the Kristin Brooks Hope Center. The center began when the founder learned there was no national suicide hotline linking the more than 800 community-based suicide crisis hotlines across the US. • The Hope Center helps educate the public about suicide warning signs & the importance of proper treatment to prevent suicide. • Hopeline provides support with trained counselors through its national hotline to prevent suicide. • IMAlive.org is a virtual crisis center with trained & certified volunteers provide online support for those who prefer to chat online rather than call a suicide hotline..
National Youth Crisis Hotline	24/7 Hotline: 800-442-HOPE (4673) 24/7 Spanish Hotline: 800-784-2432	<ul style="list-style-type: none"> • This youth crisis hotline is part of the National Hopeline Network; a program of the Kristin Brooks Hope Center.
Suicide Phone Apps	ASK & Prevent Suicide App Web Itunes: apps.apple.com/us/app/ask-prevent-suicide/id419595716 Web Google Play: play.google.com/store/apps/details?id=com.mhatexas.askandprevent&hl=en	<ul style="list-style-type: none"> • The ASK About Suicide to Save a Life app provides useful information to use as an educational resource as well as a crisis intervention resource for suicide prevention. Based on training programs developed by the Texas Department of State Health Services and Mental Health America of Texas. • This information provided by Texas Health & Human Services. For more information, go to : hhs.texas.gov/services/mental-health-substance-use/mental-health-crisis-services
Mental Wellness & Crisis Support Phone Apps	Virtual Hope Box Web Itunes: apps.apple.com/us/app/virtual-hope-box/id825099621 Web Google Play: play.google.com/store/apps/details?id=com.t2.vhb&hl=en	<ul style="list-style-type: none"> • The Virtual Hope Box app stores personal messages, information and pictures to promote mental wellness and crisis support. • Contains simple tools to help patients & their mental healthcare providers with coping, relaxation, distraction, and positive thinking. • This information provided by Texas Health & Human Services. For more information, go to : hhs.texas.gov/services/mental-health-substance-use/mental-health-crisis-services

SUBSTANCE USE, DEPENDENCY & ABUSE SUPPORT RESOURCES

NAME	CONTACT INFORMATION	DESCRIPTION
Alcoholic's Anonymous (AA)	Contact: DSUMC Church Office Phone: 512-894-7123 Program Contact: Bill Macdonald, AA & DSUMC Liaison Contact Phone: 512.-734-4578 Email: billmacdonald1956@gmail.com Web for Central Texas: austinaa.org/ Web for Not A Glum Lot Meetings: : austinaa.org/meetings/?tsml-day=any&tsml-region=dripping-springs Meeting Address: 28900 Ranch Road 12, Dripping Springs, TX 78620	<ul style="list-style-type: none"> • Provides support for individuals & families dealing with a drinking problem. There is no cost & it's confidential. • Call the DSUMC church office or Bill Macdonald for local contact & schedule information for a wide variety of daytime & evening meetings for different audiences/groups. • The local AA group is called Not A Glum Lot. They are part of the Hill Country Intergroup Association (HCIA). • Meets in North Annex building next to DSUMC North Entrance/Parking Lot.. • For a list of all local Not A Glum Lot meetings, go to the HCIA website: austinaa.org/meetings/?tsml-day=any&tsml-region=dripping-springs • HCIA's regional website: austinaa.org/ has complete regional meeting information as well as other resources • For information on other 12-step programs go to website austinaa.org/resources/12-step-programs/.
Al-Anon	Contact: Terry Casparis, Group Rep & DSUMC Liaison Contact Phone: 512-750-3818 or 314-398-6187 Email: tcspins1@sbcglobal.net Meeting Info Phone: 888-4AL-ANON (425-2666) General Information Web: www.austinalanon.org Meet Up Web: www.meetup.com/dripping-springs-umc-al-anon Meeting Address: 28900 Ranch Road 12, North Annex, Dripping Springs, TX 78620	<ul style="list-style-type: none"> • Al-Anon is a mutual support program for those whose lives have been affected by someone else's drinking. There is no cost & it's confidential. • By sharing common experiences & applying Al-Anon principles, families & friends of alcoholics can bring positive changes to their individual situations whether or not the alcoholic admits the existence of a drinking problem or seeks help. • Meeting time is weekly on Thursday, Noon to 1 pm. • To find & sign up for a meeting, go to the Meet Up link www.meetup.com/dripping-springs-umc-al-anon. The specific meeting location & format (in-person or on-line) will be posted at the site. Traditionally meets in North Annex building next to DSUMC North Entrance/Parking Lot. but any changes will be posted • General Information website is available in English & Spanish.
Texas Information & Referral Network	Phone: 211 Web: www.211texas.org	<ul style="list-style-type: none"> • Part of Texas Dept. of State Health Services • Provides information & referrals to health, human & social service providers & organizations. • Go to the website listed for services & programs in your area. Select the type of information you're looking for – from disease prevention. diagnosis, treatment health insurance, financial assistance or rehabilitative services. • Provides free & confidential assistance. • English & Spanish available.
Outreach, Screening, Assessment & Referral (OSAR) Services for Substance Use (Also known as Bluebonnet Trails Community Services)	OSAR Phone: 844-309-6385; M-F 8am to 5pm Web: www.bbtrails.org	<ul style="list-style-type: none"> • This state-wide agency is part of Texas Health & Human Services. • OSAR Services are incorporated into the Region 7 Bluebonnet Trails Community Services Local Mental Health Authority (LMHA) which serves Hays County. Region 7 also serves Bastrop, Bell, Blanco, Bosque, Brazos, Burleson, Burnet, Caldwell, Coryell, Falls, Fayette, Freestone, Grimes, Hamilton, Hill, Lampasas, Lee, Leon, Limestone, Llano, Madison, McLennan, Milam, Mills, Robertson, San Saba, Travis, Washington and Williamson Counties. Locations are quite a ways north, east & south of Dripping Springs. • The only requirement for service is that an individual is currently residing in the state of Texas.

		<ul style="list-style-type: none"> • Provides access to substance use outreach, screening, assessment & referral resources in Hays County. • Services include confidential alcohol & drug screenings & assessments, referrals for state-funded inpatient & outpatient treatment, crisis intervention, brief interventions (which include motivational counseling), education & support, case management as well as adult & adolescent financial ability evaluations. • Those under 18 years of age must have a parent or guardian make the call for assistance. Those 18 & over must make the call for assistance themselves. • Confidential. • English & Spanish website. Spanish available from the home page.
Austin Recovery Network	Main Office Phone: 512-697-8500 Toll Free Phone: 800-373-2081 Admissions Phone: 512-697-8600 Email: info@austinrecovery.org	<ul style="list-style-type: none"> • This nonprofit organization is dedicated to effective & affordable long-term recovery from the disease of addiction which brings together multiple recovery service programs into one collaborative & integrated network. Their mission is to provide a network of compassionate, community-based, person-centered care to those impacted by substance use disorders, regardless of race, gender, age or station, because everyone is worthy of recovery. • Provides a range of services including: <ul style="list-style-type: none"> - Youth Programs: University High School & Keystone Alternative Peer Group empower students, young people, emerging adults & their families with early access to recovery & recovery support. University High School is a sober high school. Keystone Alternative Peer Group gives youth & emerging adults a fun & safe environment for peer support & accountability. - Family House: This is a residential treatment center for pregnant women & mothers with children under 6 years of age. Family House was created to provide a safe space for these children while women move into recovery from alcohol & drug addiction & receive parenting education. - Outpatient Programs: Provides individualized recovery resources for men & women seeking outpatient treatment. Intensive Outpatient Programming is offered in a women's group as well as a co-ed setting. Each participant receives multiple individual therapy sessions within a certified dual-diagnosis treatment center. - Alumni Association: This is a community of people living vibrantly in recovery, whose lives have been forever changed by treatment from the Austin Recovery Network. • Phone calls are answered Mon. thru Fri. 8am to 6pm & Sat. thru Sun. 9am to 5pm. If no one answers, please leave a message & someone will return the call as soon as possible. • Call the Admissions Phone to verify insurance, check the waitlist & discuss treatment options. • Call the Main Office Phone to reach a staff member, check on family members & for general information.
Central Texas Area Narcotics Anonymous	24/7 Help Line: 512-480-0004 Toll Free: 866-792-8262 Spanish Emergency Line 24/7: 888-600-6229 Web: http://ctana.org/	<ul style="list-style-type: none"> • Provides support for individuals & families dealing with drug related problems. . • Narcotics Anonymous' message is hope - that there is another way to live. Narcotics Anonymous' promise is freedom. An addict, any addict, can stop using drugs, lose the desire to use & learn a new way of life. • Confidential & no cost. • Visit http://ctana.org/local-meetings-list/ for a local meetings list. • Austin & surrounding cities.
Hill Country Area of Narcotics Anonymous (Texas Bluebonnet Region Narcotics Anonymous)	Phone: 830-500-5922 Helpline Buda, Kyle, San Marcos Helpline: 855-864-2262 Web: https://hillcountryna.org/	<ul style="list-style-type: none"> • Learn to live drug-free through Narcotics Anonymous. Take the journey of recovery with fellow NA folks. • Serving Buda, Kyle, San Marcos. • Visit https://hillcountryna.org/?current-meeting-list=1 for a meetings list. Or https://hillcountryna.org/tabbed-meeting-map/ for a meeting map.

Other 12-Step Anonymous Programs	Phone: 512-444-0071 Web: austinaa.org/resources/12-step-programs/	<ul style="list-style-type: none"> Offers contact information on other 12-step programs including Al-Anon & AlaTeen, Cocaine Anonymous, Dual Recovery Anonymous & others.
Substance Abuse & Mental Health Administration (SAMHSA)	Hays County Helpline: 800-662-HELP (4357) TTD Toll Free Phone: 800-487-4889 Spanish Toll Free Phone: 877-767-8432	<ul style="list-style-type: none"> For those wanting substance abuse support.
Hays-Caldwell Council on Alcohol & Drug Abuse (HCCADA)	Phone: 512-396-7695 Toll Free: 800-733-1214 Address: 1901 Dutton Dr., Suite E, San Marcos, TX 78666	<ul style="list-style-type: none"> Call or check website for updated list of local support groups.
Start Your Recovery	Web: https://startyourrecovery.org/ Address: 1321 Duke St, Alexandria, VA 22314	<ul style="list-style-type: none"> Start Your Recovery started as a pro-bono project of Reingold, a firm specializing in public health communications. It is an online resource that works with substance use treatment & recovery experts to offer people a single source of relatable, reliable information at any stage of their recovery journey. Provides helpful information from nonprofit, academic & government institutions for people dealing with substance use issues as well as their family members, friends & co-workers. Provides people who are dealing with substance use issues with a single source of reputable, objective information about signs, symptoms, conditions, treatment options & resources. Information is presented in a user-friendly format & in language that's easy to understand. Provides specific resources for veterans, military personnel, teens, college students, LGBTQ, seniors & parents. Provides information about alcohol, drug, cocaine, heroin, methamphetamine & painkiller substances. Treatment & Recovery section of the website provides information on topics including: making a recovery plan; support groups; therapies; supporting a loved one; opioid overdose prevention & rehab. To search for local & state treatment options including rehab centers, counseling & support groups, go to https://startyourrecovery.org/treatment. To access a comprehensive directory of Texas treatment & support resources from multiple government & non-profit directories, go to: https://startyourrecovery.org/treatment/rehab-centers/texas. To hear stories from people who have dealt with addiction, their family members & friends, go to: https://startyourrecovery.org/hear-stories.

ABUSE & DOMESTIC VIOLENCE SUPPORT

NAME	CONTACT INFO	DESCRIPTION
Hays-Caldwell Women's Center (HCWC)& McCoy Family Shelter	24/7 Crisis/Help Lines: 512-396-HELP (4357) or 800-700-HCWC (4292) Office Phone: 512-396-3404 Web: www.hcwc.org/ or www.hcwc.org/get-help/	<ul style="list-style-type: none"> HCWC provides education, violence prevention & crisis intervention to victims of family violence, dating violence, sexual assault & child abuse. Building hope, community & self-compassion. Offers individual & group counseling, community resource & referral advocacy, internet safety measures & more. Free & confidential information & services (available in English & Spanish) for those who live, work or attend school in Hays County. For educational resources, go to www.hcwc.org/resources-2/

		<ul style="list-style-type: none"> The McCoy Family Shelter is part of HCWC. It's a secure facility for women, men & families which provides shelter, food, clothing, personal supplies & transportation for school & medical needs on a temporary basis & is accessible for those with disabilities.
Stop The Hurt - A Project of Hays-Caldwell Women's Center (HCWC)	<p>HCWC Phone: 512-396-HELP (4357) or 800-700-HCWC (4292)</p> <p>Web: https://stopthehurt.org/</p>	<ul style="list-style-type: none"> Stop The Hurt is a project of Hays-Caldwell Women's Center (HCWC). This is an educational resource for all people who seek to develop healthy relationships with peers, partners, family & themselves that are based on respect & equality. The goal is to create conversations around consent, healthy relationships, peaceful communication & self compassion. Has additional information & resources at the website.
SafePlace Hotline	<p>Phone: 512-267-SAFE (7233)</p>	<ul style="list-style-type: none"> Crisis hotline for domestic & sexual violence survivors.
Rape, Abuse, Incest National Network (RAINN)	<p>National Sexual Assault Hotline Phone: 800-656-HOPE (4673)</p> <p>Online Chat: https://hotline.rainn.org/online</p> <p>Web: www.rainn.org</p>	<ul style="list-style-type: none"> For those wanting sexual abuse support, information, advice or a referral. Provides victim services, public education, public policy efforts, counseling & training. This anti-sexual violence organization partners with more than 1000 local sexual assault service providers across the country & carries out programs to prevent sexual violence, help survivors & ensure perpetrators are brought to justice. Offers a RAINN mobile app.
Texas Abuse/Neglect Hotline	<p>Report Abuse Hotline Phone: (800) 252-5400</p> <p>TTY: Call Relay Texas at 711 or 800-735-2989</p> <p>Web: www.txabusehotline.org/</p>	<ul style="list-style-type: none"> Part of the Texas Department of Family & Protective Services. Provides a way to report: suspicions of abuse, neglect, or exploitation of children, the elderly, or adults with disabilities as well as violations of minimum standards in a child care operation. To report emergency or life threatening situations that must be dealt with immediately, call 911 or local law enforcement. To report urgent or emergency situations needing investigation within 24 hours, call the Abuse Hotline. Urgent means someone faces an immediate risk of abuse or neglect that could result in death or serious harm. To report situations that do not need to be investigated right away, use the website. It may take more than 48 hours to process online abuse reports.
National Domestic Violence Hotline & National Deaf Domestic Violence Hotline	<p>Austin Office Phone: 512-453-8117</p> <p>Hotline Phone: 800-799-SAFE (7233)</p> <p>TTY Phone: 800-787-3224</p> <p>Web: www.thehotline.org (with chat line)</p> <p>Spanish Web: www.espanol.thehotline.org/</p> <p>For Teens</p> <p>Phone: 866-331-9474</p> <p>Text: LOVEIS to 22522</p> <p>Web: www.loveisrespect.org (with chat line)</p> <p>For Deaf, DeafBlind & DeafDisabled</p> <p>TTY Phone: 800-787-3224</p> <p>24/7 Video Phone: 855-812-1001</p>	<ul style="list-style-type: none"> This Austin-based organization provides crisis intervention, safety planning, information & local area resource referrals for domestic violence victims, their friends & families as well as those who may be in unhealthy relationships. Supports domestic violence survivors 24/7/365. Has access to service providers & shelters across the US. Offers services to deaf, deaf & blind (DeafBlind) & hard of hearing (DeafDisabled). Offers a separate National Teen Dating Abuse Hotline, texting service & website to help teens (ages 13-18) experiencing dating abuse. Confidential & anonymous. Created as part of the Violence Against Women Act. . English & Spanish available at the website.

	Web: www.thedeafhotline.org (with chat line)	
National Human Trafficking Hotline	Phone: 888-373-7888 TTY Phone: 711 Text: 233733 (BEFREE) Web: www.humantraffickinghotline.org/	<ul style="list-style-type: none"> • 24/7 free & confidential support. • English & Spanish available at website. • For a Web or Live Chat , go to www.humantraffickinghotline.org/chat.

CHILDREN & YOUTH SERVICES

NAME	CONTACT INFO	DESCRIPTION
Child Protective Services (CPS)	Report Abuse Phone: 800-252-5400 Report Abuse Online Web: www.txabusehotline.org General Phone: 512-438-4800 General Web: www.dfps.state.tx.us/child_protection/ Address: 701 W. 51 st St., Austin, TX 78751 Mail Address: P.O. Box 149030, Austin, TX 78714-9030	<ul style="list-style-type: none"> • Child Protective Services (CPS) is an agency in the Texas Department of Family & Protective Services (DFPS). • CPS provides services to children & families in their own homes, places children in foster care, provides services to help youth in foster care successfully transition to adulthood & helps children get adopted. • Also provides family services, education & other support. • Reporting child abuse, neglect or exploitation depends on the urgency of the situation: <ul style="list-style-type: none"> - Call the Texas Abuse Hotline at 800-252-5400 if the situation is urgent & needs to be investigated within 24 hours or for trouble reporting concerns online at the Texas Abuse Hotline website. - Call 911 or local law enforcement in an emergency or life threatening situation. - Complete an online report at the Texas Abuse Hotline Website at www.txabusehotline.org if the situation does not need to be investigated right away. • For TTY reporting: Call Relay Texas at 711 or 800-735-2989. Ask the relay agent to call the Texas Abuse Hotline at 800-252-5400. • To find a complete list of Texas DFPS contacts, go to: www.dfps.state.tx.us/Contact_Us/. • Website available in English & Spanish.
Childhelp National Child Abuse Hotline	24/7 phone: 800-422-4453 (800-4-A-CHILD) Text: 800-422-4453 Web: www.childhelphotline.org	<ul style="list-style-type: none"> • This hotline is dedicated to the prevention of child abuse. • Provides crisis intervention, information & referrals to emergency, social service & support resources. • Confidential. • Provides a chat line. To chat, go to: www.childhelphotline.org/ then click Live Chat.
Roxanne's House Child Advocacy Center – A Part of HCWC	Roxanne's House Phone: 512-396-3404 HCWC 24/7 Helpline: 512-396-HELP (4357) or 800-700-HCWC (4292)	<ul style="list-style-type: none"> • Roxanne's House is part of Hays-Caldwell Women's Center (HCWC). It is HCWC's Children's Advocacy Center. • Member of CACTX (Children's Advocacy Centers of Texas, Inc.) • It is a nonresidential child-friendly place where abused children come to heal. • Services include victim counseling, counseling for siblings & protective caregivers, play therapy, court preparation, support & educational groups for children & non-offending caregivers. • For children up through age 17. • NOTE: Children who do not qualify for Roxanne's House services but who have witnessed domestic violence may be served in another program area. Please call 512-396-3404 for more information.
Texas Youth Helpline	24/7 Phone: 800-989-6884 Text: 512-872-5777 Web: www.texasyouthhelpline.org	<ul style="list-style-type: none"> • Texas Youth Helpline is an agency in the Texas Department of Family & Protective Services (DFPS). • Trained volunteers provide guidance to youths, parents, siblings, and other family members on youth-related concerns, referral information or to simply listen. This is not a reporting hotline. • Chat Line: go to website www.texasyouthhelpline.org & click on CHAT. • Available in English & Spanish.

		<ul style="list-style-type: none"> • Free & confidential.
LifeWorks Austin	<p>Info & Appointment Phone: 512-735-2100 Outreach Line Phone: 512-+473-9125 Web: www.lifeworksaustin.org/ South Austin Youth & Family Resource Center Phone: 512-735-2400 Address: 3700 S. 1st St., Austin, TX 78704 Youth Resource Center Phone: 512-735-2400 Address: 835 N. Pleasant Valley Rd., Austin, TX 78702</p>	<ul style="list-style-type: none"> • Provides housing along with other services & programming that youth experiencing homelessness need to live independently & self-sufficiently. • Provides housing support, counseling & education/workforce services. • Does not provide immediate shelter but can refer to youth support services. • Website is in English with some information in Spanish.
Any Baby Can	<p>Phone: 512-454-3743 Email: Info@AnyBabyCan.org Web: www.anybabycan.org</p>	<ul style="list-style-type: none"> • Provides support, crisis assistance & a voice for families with children with special health care needs. • English & Spanish language available at website.
Child Inc.	<p>Phone: 512-451-7361</p>	<ul style="list-style-type: none"> • Day care for low income families. • Provides Head Start.
Texas Health & Human Services (HHS) Child Care Information	<p>General Child Care (Tx Dept of Family & Protective Services) Phone: 800-862-5252 San Marcos Child Care Licensing Office & State Child Protective Services Phone: 512-753-2259 Web: www.hhs.texas.gov/services/safety/child-care Address: 1901 Dutton Dr., San Marcos, TX 78666</p>	<ul style="list-style-type: none"> • This is an agency in Texas Health & Human Services (HHS). Hays County is in HHS Region 7, Central Texas. • Provides a range of information about child care facility licensing, operations, inspections & investigations. Also provides information, assistance & training resources. • To search for child care operations & facilities, go to: www.dfps.state.tx.us/Child_Care/Search_Texas_Child_Care/default.asp. • Website available in English & Spanish. • For information on how to contact Texas HHS offices & service agencies, go to: www.hhs.texas.gov/about-hhs/find-us.
Stand Up Parenting	<p>Phone: 512-479-9334 (not a direct number – leave a message)</p>	<ul style="list-style-type: none"> • TOUGHLOVE parent support group. • This is a self-help, active, parent support group for parents troubled by their children’s behavior.
Foster Care & Adoption Information	<p>Phone: 800-233-3405 Web: www.dfps.state.tx.us/Child_Protection/children_in_our_care.asp</p>	<ul style="list-style-type: none"> • For information on becoming a foster or adoptive parent through Texas Department of Family & Protective Services.

VETERANS SERVICES

NAME	CONTACT INFO	DESCRIPTION
Central Texas Veterans Health Care System (CTVHCS) Mental Health & Behavioral Medicine	<p>Austin Outpatient Clinic Toll Free Phone: 800-423-2111 TTY: Dial 711 Web: www.centraltexas.va.gov/ Address: 7901 Metropolis Dr., Austin, TX 78744-3111</p>	<ul style="list-style-type: none"> • The Central Texas Veterans Health Care System (CTVHCS) serves veterans in 39 Central Texas counties including Hays County. • CTVHCS has an outpatient clinic (no emergency room) & a vet center in Austin, 2 medical centers (Temple & Waco) & a wide range of other clinics, rehabilitation units & health care service facilities to serve veterans.

	<p>Austin Vet Center Phone: 512-416-1314 Address: 1524 S IH35, Suite 100, Austin, TX 78704</p>	<ul style="list-style-type: none"> For a listing of Austin Outpatient Clinic departments & phone numbers, go to: www.centraltexas.va.gov/locations/Austin.asp. For a listing of Central Texas Veterans Health Care System Services, service location(s) & phone numbers, go to: www.centraltexas.va.gov/services/. For additional information on contacting the Central Texas Veterans Health Care System, go to: www.centraltexas.va.gov/contact/index.asp.
<p>Veterans Crisis Line</p>	<p>24/7 Toll-Free Crisis Line: 800-273-2855, press 1 TTY: 711 then 800-273-8255 or use preferred relay service Text: 838255 Web: www.veteranscrisisline.net/</p>	<ul style="list-style-type: none"> For veterans, other service members, National Guard & Reserve in crisis or someone concerned about a Veteran in crisis. Available to anyone even if not registered with the VA or enrolled in VA health care. Free & confidential. For Chat, go to www.veteranscrisisline.net/ then click on Chat Online. Also provides local resources. Go to www.veteranscrisisline.net/get-help/local-resources for US Dept. of Veterans Affairs Resources, National Resources Directory Resources & SAMHSA Behavioral Health Treatment Services Resources. Select the zip code or state as well as by the type of resource needed. Resources are available for VA Medical Centers, Outpatient Clinics, Veterans Benefits Administration Offices, Vet Centers & Suicide Prevention Coordinators.
<p>Veterans Phone Apps</p>	<p>Web iTunes: apps.apple.com/us/app/texas-veterans-mobile-app/id1472570333 Web Google Play: play.google.com/store/apps/details?id=com.hhsc.texasveteransmobile&hl=en</p>	<ul style="list-style-type: none"> Mobile applications designed to provide U.S. Military Veterans easy access to the Veterans Crisis Line, Hotline for Women Veterans, Connect with Texas Veterans, Texas Veterans Hotline, and the Texas Veterans Portal. The Veterans Crisis Line and Hotline for Women Veterans are nationally supported help lines. This information provided by Texas Health & Human Services. For more information, go to : hhs.texas.gov/services/mental-health-substance-use/mental-health-crisis-services
<p>TexVet</p>	<p>Web: www.texvet.org Hill Country MHDD Mental Health Resources for Vets Web: www.texvet.org/resources/hill-country-mhdd</p>	<ul style="list-style-type: none"> TexVet is the state clearinghouse for information, resources, data, technical support & research relevant to service members, veterans, their families & those who serve them. For more information on Hays County veteran resources, go to: www.texvet.org/county/25148/2625. Resources include emergency funds, food, transition to civilian life services, mental health, youth/family, jobs & business, transportation, social, legal, homelessness & events There is also information on free VA claims assistance & information for the Hill Country Military Veteran Peer Network contact.
<p>Military Veteran Peer Network – a part of TexVet</p>	<p>General MVPN Info Web: www.texvet.org/resources/mvnp-military-veteran-peer-network Peer Contact List Web: www.texvet.org/partners/mvnp-military-veteran-peer-network</p>	<ul style="list-style-type: none"> For those who have served or are currently serving in Armed Forces & their family members. The Military Veteran Peer Network is part of TexVet. The peer network’s mission is to establish camaraderie & trust, identify & review community resources & contribute collectively to the communities where veterans live. The network connects veterans & their families to resources through an active group of veteran peers. Peers also talk with veterans & support those who face challenges related to combat, deployment & other military issues. For the Hill Country peer contact, go to: https://www.texvet.org/resources/mvnp-hill-country.
<p>Texas Veterans Portal</p>	<p>Phone: 800-252-8387 Web: https://www.texvet.org/partners/texasgov</p>	<ul style="list-style-type: none"> Connects veterans, their families & caregivers to the benefits & services earned through the veteran’s military service. Provides information on: health & wellness, education & training, employment & career, housing & loans, active duty in Texas, license, records & medals, dependents & caregivers, legal & financial, disabilities & claims, women veterans, agencies & events/calendar.

	<p>Web Itunes: www.apps.apple.com/us/app/texas-veterans-app/id838440993</p> <p>Web Google Play : www.play.google.com/store/apps/details?id=com.hhsc.texasveteransmobile&hl=en</p>	<ul style="list-style-type: none"> The Texas Veterans App provides easy access to the Veterans Crisis Line, Women Veterans Hotline, Connect with Texas Veterans, Texas Veterans Hotline & Texas Veterans Portal.
Texas Veterans Commission	<p>Phone: 512-463-6564 Crisis Hotline: 800-273-8255, press 1 Vets Info Line: 800-252-VETS (8387) Web: www.tvc.texas.gov Address: P.O. Box 12277, Austin, TX 78711-227</p>	<ul style="list-style-type: none"> The Texas Veterans Commission advocates for & provides service to veterans to improve the quality of life for all Texas veterans, their families & survivors. Provides a broad range of information useful for veterans.

REHABILITATION & DISABILITY SERVICES

NAME	CONTACT INFO	DESCRIPTION
Austin Resource Center for Independent Living, Inc. (ARCIL)	<p>Phone: 512-396-5790 Toll Free: 800-572-2973 Address: 618 S. Guadalupe St., Suite 103, San Marcos, TX 78666</p>	<ul style="list-style-type: none"> Independent skills training for persons with disabilities.
Arc of the Capital Area	<p>Phone: 512-476-7044 Email: Web: https://www.arcaustin.org/ Address: 4902 Grover Ave., Austin TX 78756</p>	<ul style="list-style-type: none"> Provides services to children & adults with mental retardation & other developmental disabilities.
Texas Department of Assistive Rehabilitative Services (DARS)	<p>DARS Division for Rehabilitative Services Phone: 254-770-5800 DARS Division for the Blind Phone: 254-753-1552 CTADVRC Phone: 855-937-2372 Web: http://ctadvrc.org/blog/projects/texas-department-of-assistive-and-rehabilitative-services/</p>	<ul style="list-style-type: none"> The Central Texas Aging, Disability & Veterans Resource Center (CTADVRC) through the Department of Assistive & Rehabilitative Service (DARS) can help people with physical or mental disabilities prepare for, find or keep a job. Provides disability determination services. Provides rehabilitation employment assessment & planning, counseling, job & behavioral skills training, hearing exams & aids, rehabilitation technology (prosthetics) & job placement. Provides blindness assessments, rehabilitation, counseling, referrals, services for deaf-blind individuals, technology aids & devices, reader services, transportation & vocational training.
Texas Workforce Commission Vocational Rehabilitation Services (VRS)	<p>General Phone: 512-936-6400 San Marcos (Texas Workforce Solutions) VRS Phone: 512-392-1291 Texas State University VRS Phone: 800-245-8149 or 512-245-3625 General Web: www.twc.texas.gov/jobseekers/vocational-rehabilitation-services</p>	<ul style="list-style-type: none"> Supports job seekers with disabilities as they prepare for, obtain, maintain or advance in employment. Supports everyone who wants to work with supports & services to help them get a job, keep a job or advance in a career. For those with visual, physical or auditory disabilities. Local TWC Vocational Rehabilitation offices are in San Marcos & at Texas State University. Website has information on a wide range of vocational rehabilitation services for adults, youth & students, older blind individuals as well as information on the Crisis Cole Rehabilitation Center for the legally blind . Chat Line is available on the website.

San Marcos Interpreting for the Deaf	Phone: 512-754-8047 After Hours Phone: 512-715-2042 Email: sanmarcosinterp@yahoo.com Web: www.sanmarcosinterpreting.com Address: 2706 Leslie Lane, San Marcos, TX 78666	<ul style="list-style-type: none"> Serves San Marcos & Hays County along with many surrounding cities & counties. Services available 24/7/365. Interpretation services provided for: American Sign Language, oral (spoken to sign), tactile (deaf-blind, low vision, trilingual (English to American Sign Language to Spanish) & other specialized services.
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SENIOR & ELDERLY SERVICES

NAME	CONTACT INFO	DESCRIPTION
Angels for Elders	Phone: 512-847-7445 Toll Free: 866-247.0183 Email: Use link at website Address: 201 FM 3237, Suite 124, Wimberley, TX 78676	<ul style="list-style-type: none"> Personal care, companion care, transportation, financial management, homemaking (cleaning, laundry & meal preparation) & live-in services. Also provides respite care, hospice care & dementia care. Locally owned.
The Friends Foundation	Phone: 512-592-1345 Email: info@thefriendsfoundation.org Address: PO Box 8, Dripping Springs, TX 78620	<ul style="list-style-type: none"> Helping those who are 60+ years of age living in Dripping Springs live independently at home Provides meals (Our Daily Bread Service), financial assistance, lifeline MediAlert equipment, smoke alarm installation & maintenance, 911 address signs & end-of-life care services (Butterflies Are Free Program). Call the foundation for eligibility information. For more information on services & programs, go to: www.thefriendsfoundation.org/services/
Area Agency on Aging	Phone: 512-916-6062 Web: www.aaacap.org	<ul style="list-style-type: none"> Resources for adults over 60 years of age.
Austin Groups for the Elderly (AGE) of Central Texas	General Phone: 512-451-4611 Thrive Center Phone: 512-458-6305 Caregiver Resource Center Phone: 512-600-9275 Health Equipment Lending Phone: 512-600-9288 Web: www.ageofcentraltx.org/ Address: 3710 Cedar St., Austin, TX 78705	<ul style="list-style-type: none"> AGE of Central Texas supports a range of services & resources that help older adults & family caregivers thrive as they navigate the realities & opportunities of aging & care giving. AGE connects individuals to community resources. Offers a wide & diverse range of services & resources including adult day health care, caregiver education (including a Caregiver U course & other courses) & resources, early memory loss support, a health equipment lending program & peer-based computer classes. <p>Senior Related Programs</p> <ul style="list-style-type: none"> Go to www.ageofcentraltx.org/index.php/seniors/ for an overview of available senior programs & services. Thrive Social & Wellness Center: Daytime care program (Mon to Fri 7 am to 5:30 pm) for older adults with physical or cognitive needs.. Fee \$70 per day including transportation to the program. Can get transportation to the Thrive Center from South Austin (requires driving from Dripping Springs to South Austin). Call to inquire about availability. Contact the Thrive Center program director to find out about the intake process. Health Equipment Lending Program. Loans gently used Durable Medical Equipment for free to those in need in the community. Also has free incontinence products. To request & reserve items, call 512-600-9288 or email Help@AGEofCentralTX.org. Memory Connections: This facilitated support group offers brain exercises & emotional support for older adults with early memory loss. Also offers monthly caregiver support. Contact the Memory Connections program director to find out about the intake process. AGE Computer Lab: Hands-on, low cost technology classes & learning opportunities. Fall Prevention Classes: Free, year-round & available in Hays County.

		<ul style="list-style-type: none"> Virtual Connections: This monthly subscription program offers weekly small group & virtual (on-line) activities for individuals living with memory or cognition challenges based on cognitive ability (a mental ability assessment determines appropriate activities). Fee is \$100 per month. To schedule a consultation or for more information, email MemoryInfo@AGEofCentralTX.org. Contact the Virtual Connections program director to find out about the intake process. <p>Caregiver Programs</p> <ul style="list-style-type: none"> Go to www.ageofcentraltx.org/index.php/caregivers/ for an overview of available caregiver programs & resources. Caregiver Resource & Information Center: Free community educational seminars & monthly caregiver support groups. AGE’s Navigation Center offers free personalized assistance & guidance by phone, email or walk-in. Available in Hays County. Caregiver U. & Other Classes: Offers free courses year-round in Hays County for nonprofessional family caregivers. To find a Caregiver U class, go to www.CaregiverUcentx.org. For classes & other events, go to www.ageofcentraltx.org/index.php/events/calendar/. For caregiver resources, go to https://ageofcentraltx.org/index.php/caregivers/caregiver-resources/. Accepts Medicaid, Veteran’s benefits, long-term care insurance or private pay. Available in English & Spanish.
<p>Department of Aging & Disability Services (DADS)</p>	<p>Phone: 512-438-3011 Toll Free: 800-252-9240 To Report Abuse, Neglect or Exploitation: 800-458-9858 Web: www.hhs.texas.gov/ Address: 701 W. 51st St., Austin, TX 78714</p>	<ul style="list-style-type: none"> A department of Texas Health & Human Services that administers long-term services for people who are aging as well as people with physical, intellectual or developmental disabilities. To report an allegation of abuse, neglect or exploitation, call DADS Customer Rights & Services at 800-458-9858. For more information about Texas Health & Human Services, go to www.hhs.texas.gov/hhs-services
<p>Social Security</p>	<p>North Austin Phone: 866-627-6991 National Toll Free: 800-772-1213 TTY: 800-325-0778 Web: www.ssa.gov South Austin Address: 5508 Hwy 290 W., Bldg. B, Austin, TX 78735</p>	<ul style="list-style-type: none"> The United States Social Security Administration is an independent agency of the U.S. federal government that administers Social Security, a social insurance program consisting of retirement, disability, and survivor benefits.
<p>Drive A Senior Central Texas</p>	<p>Phone: 512. 445-5552 (Answered Mon-Thurs 9 am-3 pm, Fri 9 am-1 pm) Email: ctx@driveasenior.org Web: www.driveaseniorcentraltexas.org/ Address: 6705 W. Hwy 290, PO Box 50268, Austin, TX 78735</p>	<ul style="list-style-type: none"> Provides senior citizens help to thrive as they want – to be mobile, healthy & active – in Dripping Springs. Focus is on medical appointment rides & other essential travel rides primarily during weekdays but there are also some rides on weekends. Confirm the kinds of rides that are available & when they’re available. Provides rides for clients of record. To become a client, call to determine eligibility & complete the intake process. After you become an eligible client, you may begin scheduling rides for yourself. You cannot schedule rides for other persons. Eligibility is for those who are: 60+ years old, non-driving or limited-driving persons, live in their own homes or with family members, live inside the service area (refer to Dripping Springs service area map link below) & able to walk on their own (or with a cane/walker). Rides are on an “as available” basis. This is not an “on demand” service & rides are not guaranteed. Call ahead & schedule your ride ahead of time (5-days notice is preferred). For the best chance of getting a ride, schedule pickup & drop off during non-peak traffic times (10 am to 2 pm), Mon. through Friday. Provides curb to curb, door to door & door through door rides.

		<ul style="list-style-type: none"> All rides are free. For a map of the Dripping Springs service area, go to www.google.com/maps/d/u/0/viewer?mid=1AmqOef0F89WAN5qCDkYCswK5p4M5t845&ll=30.173970679753776%2C-98.04182561838262&z=12
Meals on Wheels Central Texas	<p>General Phone: 512-476-6325 (MEAL) In-Home Care Phone: 512-477-2273 (CARE) Email: email@mealsonwheelscentraltexas.org Web: www.mealsonwheelscentraltexas.org/ In-Home Care Web: www.inhomecareaustin.org Address: 3227 E. 5th St., Austin, TX 78702</p>	<p>Meal Programs</p> <ul style="list-style-type: none"> Provides hot, nutritious lunchtime meals to homebound older adults & persons with disabilities to help keep people healthy & living in their own homes. Has several other meal programs including supplemental breakfast meals for seniors, after school meals for kids, ready meals for seniors in rural areas, nutritional support for seniors, senior center lunches & daytime senior activities & grocery shopping service for seniors & adults with disabilities. <p>In-Home Care</p> <ul style="list-style-type: none"> Provides the elderly & those with disabilities with in-home care & personal care services that help people remain living in their homes with dignity & independence, especially those aging in place & adults with disabilities who need assistance with activities of daily living. May include personal care services like personal hygiene, meal preparation, medication reminders, movement assistance, Rx pick-ups or accompanying elderly to & from medical appointments as well as homemaker services like laundry, shopping, light housekeeping, Also offers supportive services for those undergoing treatment, recovering from surgery or under Hospice care including caregiver respite care, Rx pick-ups, medical appointment accompaniment or other service s. To submit an in-home care inquiry form online, go to www.mealsonwheelscentraltexas.org/get-involved/In-Home-Care-Inquiry-Form?/get-involved/hand-inquiry-form Private pay & sliding scale fee based. Contact Meals On Wheels to determine eligibility. <p>Other Programs</p> <ul style="list-style-type: none"> PALS: Pet food & veterinary care assistance for pets of seniors. Home Repair: Home safety repair for seniors, veterans & adults with disabilities. Mike's Place Respite Care: Weekday respite care for adults & seniors with dementia & Alzheimer's disease who live at home & are being cared for by family members. Other services: Includes case management, safety watch & technology programs. Meal On Wheels programs are available for those in Hays County.
Faith In Action	Phone: 512-445-5552	<ul style="list-style-type: none"> Caregivers for the elderly.
Home Instead Senior Care	<p>Phone: 512-862-2945 Toll Free: 888-331-3242 Web: https://www.homeinstead.com/496/home-instead-senior-care Address: 1217 W. Slaughter Lane, Suite 130, Austin, TX 78748</p>	<ul style="list-style-type: none"> Provides a range of home care services including companionship, personal care, Alzheimer's & dementia support, meal preparation, respite care, hospice support, transitional/short term care services & 24-hour or overnight care. Also provides in-home care services for chronic illnesses like Alzheimer's & dementia, heart disease/stroke, weight related issues, Parkinson's, cancer, arthritis & diabetes. Provides services in Dripping Springs, Driftwood, & Wimberley & other areas. The Westlake Hills location services this area. Accepts a range of payment options including private pay, long-term care insurance, Medicaid waivers, veteran's assistance/benefits & Medicare Advantage plans. Call to determine eligibility & get detailed information for these payment options. Home Instead Senior Care is a national franchise organization.

Caring Senior Service	Phone: 512-310-2273 Web: www.caring seniorservice.com/ Address: 223 W. Anderson Lane, Suite B355, Austin TX 78752	<ul style="list-style-type: none"> • Offers in-home care for seniors who want to make aging in place their first choice. • Provides a wide range of essential services including personal care, transportation, meal preparation, medication reminders, companionship, respite care, errand services, light housekeeping. • Also provides specialty programs for Alzheimer’s & dementia, Congestive Heart Failure, COPD, stroke, pneumonia, infection control, hip & knee replacement, & fall risk.
Essential Next Steps	Phone: 512-215-0383 Email: Link at Website Web: www.essentialnextsteps.com Address: 166 Hargraves Dr., Suite C400 #619, Austin, TX 78737	<ul style="list-style-type: none"> • Provides services to organize life’s transitions, create the best solutions for older adults at home & make changes to current home or a new home. • Services include: transition planning & coordination, home modification & relocation guidance, downsizing/right-sizing & organizing assistance.
Hill Country Senior Center	Phone: 512-858-4663 Email: Link at Website Web: www.HCSeniorcenter.org Address: 1310 Hwy 290 W, Dripping Springs, Tx 78620	<ul style="list-style-type: none"> • Offers a gathering place with programs & services that encourage seniors to retain their independence & dignity. • Serves noon meals Monday through Friday & has a transportation service. • No dues or membership fees. • For Hays County residents who are age 60 and over.
Lavender Springs Assisted Living	Phone: 512-858-0211 Web: www.lavendersprings.com/ Address: 13701 Trautwein Rd., Austin, TX 78737	<ul style="list-style-type: none"> • A small, 16-resident assisted living home whose mission is serving the senior community with exceptional care & providing their families with peace of mind – all the while, making great friendships in a place we call home. • Services include 24-hour personal care & supervision, medication assistance, personal care services, meals, laundry, housekeeping & respite care. • Christian owned & operated/faith based.
Ledgestone Senior Living	Phone: 512-645-1445 Web: www.civitaseniorliving.com/our-communities/ledgestone/ Address: 13150 Four Star Blvd., Austin, TX 78737	<ul style="list-style-type: none"> • Provides Independent & assisted living as well as memory care. • Owned & operated by Civitas Senior Living.
Adult Protective Services (APS)	Report Abuse Phone: 800-252-5400 Report Abuse Online Web: www.txabusehotline.org General Phone: 512-438-4800 General Web: www.dfps.state.tx.us/adult_protection/ Address: 701 W. 51 st St., Austin, TX 78751 Mail Address: P.O. Box 149030, Austin, TX 78714-9030	<ul style="list-style-type: none"> • Adult Protective Services (APS) is an agency in the Texas Department of Family & Protective Services (DFPS). • APS investigates reports of abuse, neglect & exploitation of adults who are elderly (age 65 or older) or have disabilities, conducts investigations & provides services for adults living in the community & educates the public about prevention of elder abuse. • Reporting adult abuse, neglect or exploitation depends on the urgency of the situation: <ul style="list-style-type: none"> - Call the Texas Abuse Hotline at 800-252-5400 if the situation is urgent & needs to be investigated within 24 hours or for trouble reporting concerns online at the Texas Abuse Hotline website. - Call 911 or local law enforcement in an emergency or life threatening situation. - Complete an online report at the Texas Abuse Hotline Website at www.txabusehotline.org if the situation does not need to be investigated right away. • For TTY reporting: Call Relay Texas at 711 or 800-735-2989. Ask the relay agent to call the Texas Abuse Hotline at 800-252-5400. • To find a complete list of Texas DFPS contacts, go to: www.dfps.state.tx.us/Contact_Us/. • Website available in English & Spanish.

CAREGIVER, RESPITE, HOSPICE & HOMECARE SUPPORT

<p>Blue Horizons Hospice</p>	<p>Contact: Edna Ruiz 210-464-6426 Toll Free: 833-467-7123 (HOSP1CE), Ext 1 Email: e.ruiz@bluehorizonsaustin.com Website: www.bluehorizonshospice.com/austin/ Address: 12010 Hwy 290, Suite 190, Austin, TX 78737</p>	<ul style="list-style-type: none"> • Provides compassionate hospice care with clinical excellence to enrich the quality of life as life’s journey nears its completion. Through supportive, loving, comfort care Blue Horizon offers patients & their families comfort for body, mind & spirit. • Provides nursing care, social work, personal care assistance, spiritual support, nutrition & bereavement counseling & volunteer services. • Services provided at home or in independent living, assisted living or skilled nursing facilities. • Medicare covers the cost of these services. • Serves Hays County & the surrounding area. • Services available 24/7/365.
<p>Robinson Creek Home Health & Hospice in Oak Hill</p>	<p>Phone: 512-328-7606 Email: info@rhomehealthhospice.com Web: www.rhomehealthhospice.com/ Address: 5316 Hwy. 290 West, Suite 360, Austin, TX 78735</p>	<ul style="list-style-type: none"> • Provides home health care & hospice services. • Mission is to support patients in the environment that provides them the most comfort – their homes – surrounded by the people they love. • Locally owned. • In most cases, Medicare covers the cost of these services with the written authorization of your doctor. • Call to inquire about other healthcare insurance accepted.
<p>True Heart Hospice & Palliative Care</p>	<p>Contact: Dura Sims Phone: 830-837-3162 Alternate Phone: 512-649-2274 Email: dura@truehearthospice.com Web: www.truehearthospice.com Address: 7719 Wood Hollow Dr., Suite 216, Austin, TX 78731</p>	<ul style="list-style-type: none"> • Provides care wherever one calls home. • Provides social services with case management & spiritual care. • Provides Palliative Care services if someone has more than three of the following situations: <ul style="list-style-type: none"> - Fear of the inability to get to a doctor on-time or a desire to not return to the doctor. - Have had 2 or more recent hospitalizations. - Have 2 or more chronic conditions like COPD or CHF. - Have had 2 or more infections in the last 6 months that require antibiotics. - Need more acute care than what transitional care services offer. • Provides Hospice Care for the following situations: <ul style="list-style-type: none"> - Experiencing advanced, life-limiting illness. - Want compassionate care in the last phases of incurable disease to live as fully & comfortably as possible. - Includes a Medical Director who oversees the medical care plan as well as a team consisting of a Nurse, CNA (Certified Nurse Assistant) & Social Worker as well as Pastoral Care & volunteers. - Pays for all medications with diagnosis. - Pays for all Durable Medical Equipment such as hospital bed, wheel chair, walker, crutches, toilet seat, shower chair, night stand, oxygen & other supportive equipment. • Provides services & support for Dripping Springs, Hays County & surrounding county residents.
<p>Caregiving Café</p>	<p>Contact: Lynn Greenblatt Phone: 512-301-3560 Email: forum@caregivingcafe.com Web: www.caregivingcafe.com Blog: www.caregivingcafe.com/blog Facebook Page: www.facebook.com/CaregivingCafe</p>	<p>Caregiving Café is a support group that aims to:</p> <ul style="list-style-type: none"> • Enable family caregivers to provide care to senior loved ones or to themselves when care is needed. • Reduce isolation & promote well-being by connecting family caregivers to one another & by promoting self-care. • Offers a directory of useful links, contacts, resources & information about all aspects of caregiving. Includes resource information about caregiver training, agencies, crisis hotlines, research, house calls, checklists, inspiration & more.

		<ul style="list-style-type: none"> • Offers online sessions. To request information about the online sessions, send an email or go to the Facebook page. • Support group meets using video conferencing on the 2nd & 4th Thursday monthly from 10AM to 12PM. Please email for information & link to join • Free & confidential.
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MEDICAL HEALTH CARE RESOURCES

GENERAL HEALTH CARE

NAME	CONTACT INFO	DESCRIPTION
Every Texan Texas Health Care Guide from the Center for Public Policy Priorities (CPPP)	Phone: 512-320-0222 Email: info@everytexan.org Web: texashealthcareguide.org/ Address: 7020 Easy Wind Dr., Suite 200, Austin, TX 78752	<ul style="list-style-type: none"> • Every Texan (formerly the Center for Public Policy Priorities or CPPP) provides the Texas Health Care Guide web tool & is a non-profit service provider who helps Texans gain access to affordable, high-quality health care. • Also provides information on health insurance coverage, family planning, women's health, immigrant access as well as affordability & medical debt.
Texas Information & Referral Network	Phone: 211 Web: www.211texas.org/cms/search-health-services-in-texas	<ul style="list-style-type: none"> • Part of Texas Dept. of State Health Services. • Provides information & referrals to health, human & social service providers & organizations. • Go to the website listed for services & programs in your area. Select the type of information you're looking for – from disease prevention, diagnosis, treatment health insurance, financial assistance or rehabilitative services. • Provides free & confidential assistance.
UMC Wesley Nurse – Johnson City	First United Methodist Church Johnson City Contact: Cindy Leonard Cell Phone: 512-771-8783 General Phone: 830-868-7440 Address: 105 N. LBJ Dr., Johnson City, TX 78636	<ul style="list-style-type: none"> • Sponsored by UMC Methodist Healthcare Ministries. • A faith-based, holistic health & wellness program committed to serving the least-served in our communities by providing health education, health promotion & facilitation of resources. • Provides multidiscipline health & wellness resources including healthcare information & referrals to area healthcare services.
UMC Wesley Nurse – San Marcos	First United Methodist Church San Marcos Phone: 512.392.6001 Web: www.fumcsm.org Address: 129 W. Hutchinson, San Marcos, TX 78666	<ul style="list-style-type: none"> • Sponsored by UMC Methodist Healthcare Ministries. • A faith-based, holistic health & wellness program committed to serving the least-served in our communities by providing health education, health promotion & facilitation of resources. • Provides multidiscipline health & wellness resources including healthcare information & referrals to area healthcare services. • For more information about the Wesley Nurse program, go to: www.fumcsm.org/ministries/ & scroll down to Wesley Nurse.

HEALTH CARE INSURANCE & ASSISTANCE

NAME	CONTACT INFO	DESCRIPTION
Community Action Health Services	Phone: 512-392-5816 Web: www.communityaction.com/health	<ul style="list-style-type: none"> • Provides access to health care services for low-income men & women in Hays, Caldwell & Blanco Counties.

	Address: 611 W. Martin Luther King Dr., San Marcos, TX 78666	<ul style="list-style-type: none"> Provides family planning, limited prescription assistance, HIV/AIDS assistance & breast/cervical cancer outreach health services. Community Action also provides a range of other services. Refer to services listed elsewhere in this guide.
Community Action Prescription Assistance	Phone: 512-392-1161, ext. 0 Web: www.communityaction.com/prescriptionassistance Address: 215 S. Reimer Ave., Suite 130, San Marcos, TX 78667	<ul style="list-style-type: none"> Provides limited assistance for maintenance prescriptions by using major pharmaceutical companies' free prescription programs to help meet the needs of uninsured Hays County residents. Program takes area physician referrals, screens patients for eligibility then sets up appointments to meet eligible patients, gather information & complete pharmaceutical company applications. Community Action also provides a range of other services. Refer to services listed elsewhere in this guide.
Community Action Rural AIDS Services Program (RASP)	Phone: 512-392-1161 ext. 329 Web: www.communityaction.com/ruralaidsservicesprogram Address: 215 S. Reimer Ave., Suite 130, San Marcos, TX 78667	<ul style="list-style-type: none"> Provides the following services for HIV positive individuals in Hays County (as well as counties surrounding Travis County) for case management, medical & dental appointment transportation, financial assistance for housing, utilities, food, prescriptions, physician visits & radiology services. Develops partnership between the client & case manager to work together to maintain client independence & increase access to HIV medical care. Confidential. Community Action also provides a range of other services. Refer to services listed elsewhere in this guide.
Hays County Indigent Health Care Program (CIHCP)	Phone: 512-393-5520 Web: www.hayscountytexas.com/departments/local-health-department/indigent-health-care-program/	<ul style="list-style-type: none"> For Hays County residents who do not qualify for other state or federal health care assistance programs. Must meet eligibility requirements to reside in Hay County, are ineligible for Medicaid & meet specific income & resources requirements based on AFDC (Aid to Families with Dependent Children) guidelines. Basic health care services include: healthcare provider services, lab & x-rays, family planning, Skilled Nursing Facility services, 3 prescriptions per month & Inpatient/Outpatient hospital services. Also provides indigent burial/cremation assistance. Available in English & Spanish.
Sendero Health Plans Marketplace Insurance	Toll Free Phone: 844-800-4693, Mon thru Fri 8 am to 5 pm Web: www.senderohealth.com/ Address: 2028 E Ben White Blvd., Suite 400, Austin, TX 78741	<ul style="list-style-type: none"> Non-profit, community-supported, member-focused health plan for low income & unemployed persons as well as uninsured persons. Must enroll & determine eligibility through The Affordable Care Act Marketplace program. Go to www.healthcare.gov for more information. Free 24/7/365 local doctor access by phone, instant message or video chat. (eMD access).
UMC PLAN of Central Texas (PLANCTX)	Phone: 512-851-0901 Email: info@planctx.org Web: www.planctx.org Address:- 4110 Guadalupe St., Bldg. 781, Suite 410, Austin, TX 78751	<ul style="list-style-type: none"> Partners with UMC Methodist Healthcare Ministries. Planned Living Assistance Network (PLAN) provides a welcoming recovery community with behavioral health services including care management, counseling & peer assistance for persons with mental health challenges & any family members or other caring persons of their choice. Serves those with moderate to severe mental health conditions. Accepts insurance. Call to confirm providers. Call & leave a message to access services.

HEALTH CARE CENTERS & CLINICS

NAME	CONTACT INFO	DESCRIPTION
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<p>CommuniCare Health Centers</p>	<p>Phone: 512.268-8900 Web: www.communicaresa.org/ Kyle Address: 2810 Dacy Lane, Kyle, TX 78640 San Marcos Address: 1941 S. IH35, Suite 101, San Marcos, TX 78666 Wimberley Address: 203 Stillwater Rd., Suite 6, Wimberley, TX 78676</p>	<ul style="list-style-type: none"> • Integrated care provider with clinics throughout Austin & the surrounding area. Provides a wide range of behavioral (mental) & physical health services as well as dental, vision & affiliated lab services. Types of services vary at each location. • Uninsured/low income families. • Accepts some kinds of insurance. • Kyle, San Marcos & Wimberley locations.
<p>CommUnity Care Health Centers</p>	<p>Eligibility & Appointment Phone: 512.978.9015 Web: www.communitycaretx.org/ Oak Hill Health Center Phone: 512-978-9820 Web: https://communitycaretx.org/locations/oak-hill.html Address: 8656-A Hwy 71 West, Suite C, Austin TX 78735 Ben White Dental Clinic Phone: 512-978-9700 Web: https://communitycaretx.org/locations/ben-white.html Address: 1221 W. Ben White Blvd., Suite 112B, Austin, TX 78704</p>	<ul style="list-style-type: none"> • A health care provider with numerous clinics around Austin. • The Oak Hill Health Center offers family medicine for adults & children, women’s health, maternity care, HIV prevention, tele-psychiatry, behavioral health, clinical pharmacist & lab services. • The Ben White Dental Clinic offers general & pediatric dentistry. • Income based for uninsured/low income families. • Ask for a sliding scale appointment & be prepared to bring a paycheck stub or letter of income as well as proof of residency & an ID. • Accepts some kinds of insurance. • English & Spanish speaking. • For more information on Eligibility & Application Services go to website https://communitycaretx.org/eligibility.html.
<p>Hays County Local Health Department & Live Oak Health Partners Community Clinic</p>	<p>Health Dept. Phone: 512-393-5520 Clinic Appointment Phone: 512-805-5650 Health Dept. Web: https://hayscountytexas.com/departments/local-health-department/ Clinic Web: www.liveoakhealthpartners.com/community-clinic/ Address: 401-A Broadway St., San Marcos, TX 78666</p>	<ul style="list-style-type: none"> • To protect, promote, maintain, and improve the health and quality of life for Hays County residents and visitors through a responsive, well managed and organized effort. • Contact the Local Health Department to report communicable & non-communicable diseases, create & update immunization history, & get information on diseases common to Texas.. • The Live Oak Health Partners Community Clinic offers medical & social services to help meet the needs of those who are under-insured & non-insured in our community. • Services include: routine medical visits, wellness exams, prenatal care, pediatric visits, sports physicals, chronic illness monitoring (diabetes, cholesterol & high blood pressure) , tuberculosis skin tests, Texas Health Steps exams, immunizations, STD screening & treatment, eligibility services & prescription assistance program. • Walk-in visits. • Accepts some insurance. • Sliding scale based on income. • Speak Spanish.
<p>Lone Star Circle of Care Clinics</p>	<p>24-Hour Phone: 877-800-5722 Email: info@lscctx.org Web: www.lonestarcares.org/ Ben White Behavioral Health Clinic</p>	<ul style="list-style-type: none"> • Lone Star Circle of Care provides accessible patient-centered healthcare which eliminates health inequalities to facilitate wellness & optimal living for all. . • Meets behavioral health care needs of individuals regardless of insurance status or ability to pay.

	<p>Address: 1221 W. Ben White Blvd., Bldg. B, Suite 300, Austin, TX 78704</p> <p>Ben White Family Medicine Clinic</p> <p>Address: 1221 W. Ben White Blvd., Bldg. B, Suite 200, Austin, TX 78704</p> <p>Stassney Clinic</p> <p>Address: 730 W. Stassney Ln., Suite 110, Austin, TX 78745</p> <p>El Buen Samaritano Clinic</p> <p>Address: 7000 Woodhue Dr., Bldg B, Austin, TX 78745</p>	<ul style="list-style-type: none"> • Offers behavioral healthcare, mental healthcare, dentistry, vision care, Ob/Gyn care, pediatrics & senior care. • Lone Star Circle of Care clinics in southwest Austin include the Behavioral Health at Ben White clinic, the Ben White Clinic, the Stassney Clinic & the El Buen Samaritano Clinic. • Services & hours of operation vary at each clinic location. • Most services available in English & Spanish. • Call Toll Free phone number to determine which clinic is appropriate for the services needed.
UMC People's Community Clinic	<p>Phone: 512-478-4939</p> <p>Web: www.austinpcc.org/</p> <p>People's Community Clinic (the main clinic) Address: Camino La Costa, Austin, TX 78752</p> <p>People's Center for Women's Health</p> <p>Address: 2909 N. IH35, Austin, TX 78722</p>	<ul style="list-style-type: none"> • Partners with UMC Methodist Healthcare Ministries. • The clinic is a unique & tested model for medical care, a true safety net for Central Texas' uninsured and medically underserved. People's Community Clinic offers a greater variety of health & wellness services than any other not-for-profit clinic in Austin, with services ranging from prenatal through eldercare. • Website available in English, Spanish & other languages.

PREGNANCY RESOURCES

NAME	CONTACT INFO	DESCRIPTION
Heart of Texas Pregnancy Resource Center	<p>Phone: 512-894-2298</p> <p>Spanish Phone: 512-704-7876</p> <p>Email: info@heartprchc.org</p> <p>Web: www.heartoftexasprc.org/</p> <p>Address: 1005 W. Hwy. 290, Dripping Springs, TX 78620</p>	<ul style="list-style-type: none"> • Free & confidential. • English & Spanish available. • Provides accurate information & answers questions. • Services include pregnancy tests, individual support, resource help & community/medical referrals at no cost. • Walk-in visits or appointments.
TruChoice Pregnancy Resource Center	<p>Phone: 512-396-3020</p> <p>Web: www.truchoiceprc.org/</p> <p>Address: 115 Warden Ln., San Marcos, TX 78666</p>	<ul style="list-style-type: none"> • Educates, supports & empowers women & man facing pregnancy decisions. • Free & confidential. • Has chat line at website. • Speak English & Spanish.

NUTRITION

NAME	CONTACT INFO	DESCRIPTION
Women Infant Children (WIC) Program	<p>Toll Free Phone: 800-942-3678</p> <p>Texas Web: www.texaswic.org/</p> <p>San Marcos & Kyle WIC Offices</p> <p>Phone: 512-393-8040</p> <p>Web: www.ci-san-marcos.tx.us/266/Women-Infants-Children-WIC</p>	<ul style="list-style-type: none"> • Provides nutritional resources for low income pregnant/breastfeeding woman, infants & children up to age 5 to safeguard their health. • Provides nutritious foods to supplement diets, information on healthy eating including breastfeeding promotion/support & referrals to health care providers. • For Texas WIC application information & eligibility guidelines, go to: www.texaswic.org/apply • Can apply by calling toll free phone, scheduling an appointment at a WIC office or submitting an application online.

	<p>San Marcos Address: 215 S. Reimer Ave., Suite 100, San Marcos, TX 78666</p> <p>Kyle Address: 150 W. Lockhart St., Kyle, TX 78640</p> <p>Oak Hill WIC Office Phone: 512-972-4942 Email: OakHillWIC@austintexas.gov Web: www.austintexas.gov/WIC Address: 8656 W Hwy. 71, Bldg A, Suite B, Austin, TX 78735</p>	<ul style="list-style-type: none"> Available in English & Spanish.
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CANCER SUPPORT

NAME	CONTACT INFO	DESCRIPTION
<p>American Cancer Society in Texas</p>	<p>Austin Office Phone: 512-919-1800 National Toll Free: 800-227-2345 Texas Web: www.cancer.org/about-us/local/texas.html Austin Address: 11000 N. Mopac Expy., #100, Austin, TX 78759</p>	<ul style="list-style-type: none"> Provides American Cancer Society programs & services to help manage cancer treatments & recovery as well as to help find emotional support for cancer patients & survivors. Free services for transportation, advocacy, lodging & cancer information resources. Hours: Mon – Fri from 8:00 am – 4:30 pm. Has a chat line at the website.
<p>B.I.G. Love Cancer Care Services</p>	<p>Toll Free Phone: 888-522-7339 Email: biglovecancercaretx@gmail.com Web: www.biglovecancercare.org Address: PO Box 90818, Austin, TX 78709-0818</p>	<ul style="list-style-type: none"> BIG Love’s founders (from Dripping Springs) honor their young daughter Brooke by serving & extending big love to young cancer patients (ages birth to 21 years old) to ease the childhood cancer journey. B.I.G. Love’s mission is to meet the most basic & urgent physical, emotional & financial needs of pediatric oncology & hematology patients & their families. Patients can be inpatient or outpatient. Provides a range of services & items including: special grocery items, comfort items, care bags, gift baskets, toys to play with, crafts, movie night & snacks. Provides services at Dell Children’s Medical Center in Austin as well as hospitals in Houston & San Antonio. Contact the patient’s social worker at Dell Children’s Hospital (or other hospitals where BIG Love serves).
<p>Texas Cancer Information</p>	<p>Email: info@texascancer.info Web: www.texascancer.info/ Address: Texas Cancer Information – Unit 1677, The University of Texas MD Anderson Cancer Center, PO Box 301439, Houston, TX 77230-1438</p>	<ul style="list-style-type: none"> Connects patients, caregivers, the public, planners, physicians & other health professionals with online cancer information & services to empower Texans with the knowledge needed to reduce the impact of cancer. Provides information only about cancer, cancer services, support & survivorship. Does not provide medical services. Established & managed by The University of Texas MD Anderson Cancer Center.
<p>Livestrong Cancer Support</p>	<p>YMCA, School & Navigation Phone: 855-220-7777, calls answered Mon to Fri 9 am to 4 pm CST Fertility Phone: 855-844-7777, calls answered Mon to Thurs 7:30 am to 4 pm & Fri 7:30 am to 3 pm CST Email: cancersupport@livestrong.org Web: www.livestrong.org</p>	<ul style="list-style-type: none"> Goal is to help cancer survivors & their loved ones impacted by a cancer diagnosis. Livestrong puts the survivor first & seeks to find out what survivors & caregivers need, how systems can be more person-centered & how innovators can bring impossible ideas to life. Offers 4 cancer support programs including: Livestrong at the YMCA: Partners with the YMCA to promote the importance of physical activity after a cancer diagnosis. This 12-week program is offered at the Springs Family YMCA in Dripping Springs. Call the Springs Family YMCA at 512-894-3309 for more information & to speak with the YMCA program coordinator. This program is available at low or no cost.

	Address: 623 W. 38 th St., Suite 300, Austin, TX 78705	<p>Livestrong at School: Livestrong has created a curriculum designed to help educators, parents & caregivers teach children about cancer in a way that's inspiring & empowering. This program offers age-appropriate lessons for grades K-12 to help children understand the cancer journey whether as a cancer survivor or a loved one.</p> <p>Livestrong Navigation: Provides free, personalized support for the practical, physical & emotional concerns people face when dealing with a cancer diagnosis. Provides referrals to organizations for financial, insurance, transportation, emotional & mental health resources. Does not provide any service directly at the Austin office.</p> <p>Livestrong Fertility: Provides reproductive information resources to survivors whose cancer & treatment presents risks to their fertility. Offers a minimum 25% discount on fertility preservation for people affected by cancer who are interested in building a family.</p>
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SOCIAL SERVICES & SUPPORT

GENERAL SOCIAL SERVICES

NAME	CONTACT INFO	DESCRIPTION
DSUMC Benevolence Program	Contact: DSUMC Church Office Phone: 512-894-7123 Address: 28900 Ranch Road 12, Dripping Springs, TX 78620	<ul style="list-style-type: none"> • Provide support & find resources for those in the local area facing extreme financial duress & income instability. • DSUMC's program requires an in person meeting & completion of an application for assistance. • Other local churches with Benevolence programs include First Baptist Church, Church of the Springs, Saint Martin de Porres Catholic Church & Sunset Canyon Baptist Church. Contact those churches for information about their programs & requirements. • Refer to other local resources for rent, utility & food support programs in this guide.
DSUMC Heading Home	Contact: Wes Tullai, Coordinator Phone: 512-800-0385, leave a message Email: headinghometx@gmail.com Web: headinghometx.org	<ul style="list-style-type: none"> • The non-profit Heading Home program distributes care bags with basic grooming & essential items as well as a tote with bedding/shelter items to restore dignity to the homeless. • Offers a Celebrate Recovery program. Celebrate Recovery is a Christ-centered, 12-step recovery program for anyone struggling with hurt, pain or addiction of any kind. It's a safe place to find community & freedom from the issues that are controlling our life. Call for more details. • Please leave a voice message when you call & someone will get back with you. • Christian/faith based.
DSUMC BeforeSchool – Haircuts for Kids	Contact: DSUMC Church Office Phone: 512-894-7123	<ul style="list-style-type: none"> • Scheduled every year in August. Get ready for school with a haircut! • For financially disadvantaged children, K through 12. • By appointment only. Walk-ins welcome as available. • Go to www.dsumc.org/cuts4kids/ & complete the appointment form.
DSUMC School's Out Food's In	Contact: DSUMC Pastor Jesus Samano Phone: 512-894-7123 Email: jsamano@dsumc.org Address: 28900 Ranch Rd 12, Dripping Springs, TX 78620	<ul style="list-style-type: none"> • DSUMC partners with Hill Country Bible Church for this program. • School's Out Food's In (SOFI) is a community effort to assure no child who relies on meal assistance in Dripping Springs goes hungry during the summer. Food is distributed during summer months to families who register. • For more information, go to dsisdtx.us & search for School's Out Food's In.
DSUMC ESL English as a Second Language	Contact Maria Sharp, DSUMC Hispanic Ministries ESL Facilitator	<ul style="list-style-type: none"> • Spanish speaking persons learn English as a second language.

	<p>Phone: 512-853-0227 Email: msharp@austin.rr.com</p>	<ul style="list-style-type: none"> • Three levels: Basic Introduction focuses on vocabulary & simple sentence structure. Intermediate focuses on beginning conversational format. Advanced focuses on reading, comprehension & conversational format. • Program runs in 6-week segments with 1 week off between segments. • No set format. Focus is on participants' needs & vocations.
DSUMC Thanksgiving Dinner	<p>Contact: DSUMC Church Office Phone: 512-894-7123</p>	<ul style="list-style-type: none"> • Come join DSUMC church family members & others in our community for Thanksgiving Day fellowship. • Call the church office to make a reservation.
UMC Southside Community Center	<p>Phone: 512-392-6694 Shelter Phone: 512-392-6697 Thrift Store Phone: 512-396-7003 Email: southside_comm@yahoo.com Web: www.southsidecommunitycenter.org/ Address: 518 S. Guadalupe St., San Marcos, TX 78666</p>	<ul style="list-style-type: none"> • Affiliated with the United Methodist Church (UMC). • Committed to improving the living conditions & personal dignity of those in need in San Marcos & Hays County. • Programs & services include: a transitional shelter (for families with children) & food, emergency assistance, housing for low-income & elderly, neighborhood housing improvement & cooperation with other community organizations. • Also provides rent & utility support as well as clothing.
211 Texas Local Community Social Services – from Texas Health & Human Services	<p>24/7/365 Phone: 211 24/7/365 Toll Free: 877.541.7905 Web: www.211texas.org/</p>	<ul style="list-style-type: none"> • This is a Texas Health & Human Services agency committed to helping Texas citizens connect with the services they need. • Provides help finding food, housing & child care resources.. • Also provides addiction & recovery, detox, counseling, mental health care & evaluation, individual counseling, group therapy, outpatient treatment, peer support. • Has an online chat at the website. • Free & anonymous.
211 National Information & Referral Network	<p>24/7/365 Phone: 211 Web: www.211.org</p>	<ul style="list-style-type: none"> • Use this national website to find your local 211 organization. • This social service hotline helps individuals & families find elderly, disabled, non-English-Speaking, crisis & other resources in your local community. • For more information on the wide range of available community services, go to www.fcc.gov/consumers/guides/dial-211-essential-community-services. • To view or print a Consumer Guide for Essential Community Services, go to: www.fcc.gov/sites/default/files/dial_211_for_essential_community_services.pdf. • Also provides services for those who are new to their communities. • Free & confidential. • Available in English & Spanish.
Dripping Springs Helping Hands	<p>Dripping Springs Helping Hands Inc. Phone: 512-820-0476, leave a voice mail message Email: info@helpinghands-drippingsprings.org Web: www.helpinghands-drippingsprings.org Address: 28708 Ranch Road 12, Dripping Springs, TX 78620</p>	<ul style="list-style-type: none"> • Neighbors helping neighbors. • Food pantry distribution clients can come once a week on either Wed. (1:30-3 PM) or Thurs. (4:30-6PM). Initial sign up is in person during those times: Food items include canned goods, fresh produce & meat, bread, dairy products (milk, egg, cheese, butter), desserts & other items that are available from time to time. • Financial assistance. Call our Social Services volunteer team at 512-820-0476 & leave a voice message. A team member will call within 24 hours to assess needs.

	PO Box 804, Dripping Springs, TX 78620	<ul style="list-style-type: none"> • Special Projects: Summer food supplement bags for clients with school-aged kids who qualify in our service area; a school supplies drive (every August) for clients with DSISD K - 12 students; Thanksgiving full turkey dinners, Christmas Project Elf gift program & a winter glove & sock distribution. • Go to the south side of The Foundry. The Foundry is on the west side of the Dripping Springs United Methodist Church campus. • Pick up is curbside only. Arrive in your vehicle. Have a space already cleared in your trunk or very back of the vehicle so your groceries can be loaded for you. Otherwise, volunteers will direct you to a spot where you can self-load your groceries.
Community Action, Inc. of Central Texas	Phone: 512-392-1161 Email: cai@communityaction.com Web: www.communityaction.com/ Address: : 215 S. Reimer Ave., Suite 130, San Marcos, TX 78667	<ul style="list-style-type: none"> • Purpose is to develop opportunities for people & communities to realize their potential by providing resources & comprehensive services to empower Central Texans of all ages to become self-sufficient. Services are available for counties surrounding Travis County, including Hays County. • Services vary by location/county. • For a Community Action Service Area map & listing of which services are available in each county, go to: www.communityaction.com. Click on About Us, then click on Service Area. • Hays County services include adult education, Head Start/Early Head Start, utility & limited rental assistance, a senior citizen center, limited prescription assistance, men & women reproductive services, breast cancer diagnostic services & case management, & HIV/AIDS assistance. • Also offers Community Outreach & Assistance Program to assist with applying for qualifying services like Texas Healthy Women, Your Texas Benefits (SNAP food stamps, Temporary Assistance for Needy Families, health care & mental health/drug/alcohol support services). • Also offers Early Childhood Home Visiting Program for families with children (birth to age 5) as well as pregnant women. Provides parenting education, support & encouragement as well as home visits with a support person. • Community Action provides a wide range of services. For more detailed information, refer to services listed individually in this guide.
Aunt Bertha Local Community Social Services	Web: www.auntbertha.com or www.findhelp.org/	<ul style="list-style-type: none"> • Aunt Bertha is a search & referral network for free/reduced cost social services & programs. • Search by zip code in San Marcos & Austin areas.
The Barnabas Connection	Helpline & Appointment Phone: 512-842-9674 En Confianza Spanish Speaking Phone: 512-842-7768 Web: www.barnabasconnects.org/ Address: 501 Old Kyle Rd., Bldg. 2, Suite D, Wimberley, TX 78676	<ul style="list-style-type: none"> • Began as a Wimberley United Methodist Church Sunday School class program & has developed into a volunteer-based outreach program. • This non-profit provides health & human services, client advocacy, community education & other services to individuals & families in need of basic services living in Wimberley or Hays County. • Provides direct financial assistance for Wimberley ISD residents & referrals to other area services for non-Wimberley ISD residents. • Provides helpline assistance with forms & applications for community services. • Barnabas Connection sponsors events for specific community needs including a Back To School Fiesta for school supplies & the Christmas Store as well as other events based on community needs. • The Operation Good Shepherd program provides advocacy with local utility providers as well as county & government services. Also offers rental assistance & medical assistance. For Wimberley residents only. • Publishes a free local resource guide. • Call or leave a voice message for an appointment. Appointments are required. • Free & confidential.

Manos de Cristo	Phone: 512-477-7454 Email: mdc@manosdecristo.org Web: www.manosdecristo.org/ Address: 4911 Harmon Ave., Austin, TX 78751	<ul style="list-style-type: none"> • Promotes self-reliance by meeting basic needs with a food pantry, dental clinic, clothes closet, summer back to school & education programs for recent immigrants, refugees & the working poor. • Goal is to empower low-income individuals with a loving hand of assistance.
Caritas of Austin	Phone: 512-472-4610 Web: www.caritasofaustin.org/ Address: 611 Neches St., Austin, TX 78701	<ul style="list-style-type: none"> • Basic needs assistance & self-sufficiency programs for the homeless & impoverished.
Austin Resource Center for the Homeless (ARCH)	Men's Shelter Phone: 512-305-4100 CommUnity Clinic Phone: 512-978-9920 Address: 500 E. 7 th St. @ Neches, Austin, TX 78701	<ul style="list-style-type: none"> • Provides services for the homeless including shelter & healthcare clinic services. • ARCH is a City of Austin housing-focused men's shelter (operated by Front Steps) offering emergency shelter, basic services & connections to housing for men. Services include: case management, job placement, legal assistance, veteran services, mental health services, & healthcare through the CommUnity Care clinic. • The CommUnity Care health clinic is located inside the ARCH Center & accepts walk-ins or by appointment. • Clinic health care services include: primary care, chronic disease management, PrEP/PEP (HIV prevention), behavioral health care, psychiatry, clinical pharmacist (medication management), case management, lab services, family medicine dental care (at an off-site location), vision care (at an offsite location) & communicable disease screenings.
Hometown Missions	Hometown Missions Phone: 512-481-2562 Email: info@HometownMissions.org Web: www.hometownmissions.org Address: 11601 W Hwy 290, Suite A-101; PMB 321, Austin, TX 78737	<ul style="list-style-type: none"> • Focus is on being in relationship with & helping under-served local community neighbors acquire safe, healthy, livable housing & improve life skills. • Stable, healthy housing allows us to excel in school, launch into careers & be a functioning member of society. Without housing, hope fades & life becomes a mountain we're ill-equipped to climb. • Home repairs & restoration are done in partnership with the homeowner & a community of volunteers from business, church & individuals who seek to meet the needs of families in crisis in the Dripping Springs area. • For those living in the Dripping Springs area with limited resources or senior citizens who need a hand. • Contact by phone or email to determine eligibility. Can submit email at the website.
Hays County Food Bank	Phone: 512-392-8300 Email: info@haysfoodbank.org Web: www.haysfoodbank.org/ Address: 220 Herndon St., San Marcos, TX 78666	<ul style="list-style-type: none"> • Committed to improving lives through food assistance programs, nutrition education & advocacy. • Programs include: <ul style="list-style-type: none"> - Food rescue from restaurants, grocery stores & food left in fields. - Weekly food distribution for eligible & registered low-income households & those suffering from a food emergency as well as other food distribution programs. - Nutrition education. - Resource assistance for federal & non-profit assistance programs as well as a Resource Guide. • To access the Hays Food Bank Resource Guide, go to: www.haysfoodbank.org/community-resource-guide.aspx
Salvation Army in Austin	Phone: 512-476-1111 General Web: www.salvationarmyaustin.org/ Downtown Shelter & Social Service Center Phone: 512-476-1111	<ul style="list-style-type: none"> • The Salvation Army in Austin provides a range of shelter, support & social services including: low barrier, housing-focused emergency shelter, case management, employment assistance, a computer learning lab, rapid housing & cold weather shelter. Services vary depending on location. The goal is to provide "wrap-around" services designed to assist the homeless in ensuring homelessness is brief, rare & non-recurring.

	<p>Web: www.salvationarmyaustin.org/downtown-shelter-and-social-services-center/ Address: 501 E. 8th St., Austin TX 78701 ASWC Shelter Phone: 512-933-0600 Web: www.salvationarmyaustin.org/austin-shelter-for-women-and-children/ Address: : 4613 Tannehill Lane, Bldg. 3, Austin, TX 78721 Rathgeber Center Phone: 737-256-6926 Web: www.salvationarmyaustin.org/rathgeber-center-for-families/ Address: 4613 Tannehill Lane, Bldg. 1, Austin, TX 78721</p>	<ul style="list-style-type: none"> • Shelter locations include: <ul style="list-style-type: none"> - Downtown Shelter & Social Service Center : supports single adult individuals. - Austin Shelter for Women & Children (ASWC): supports women & dependent children. The Salvation Army & City of Austin partner to run this shelter. - Rathgeber Center for Families Family Shelter: supports families with children experiencing homelessness • Call for more information & to determine eligibility. • Upon obtaining shelter, there is a housing program which may provide resources for permanent housing.
Project Connect	<p>Phone: 832-953-5328 Email: projectconnectds@gmail.com Web: www.projectconnectds.org Address: PO Box 1772, Dripping Springs, TX 78620</p>	<ul style="list-style-type: none"> • Coordinates, compliments & funds charitable activities within DSISD & surrounding areas by connecting those that need help with those that can help. • Provides short term monetary assistance (benevolence) as well as other services. • Partners with Dripping Springs United Methodist Church. • Contact by phone or email. Leave a detailed message if you reach voicemail. • Help may be provided by Project Connect or another service, agency or organization.
St. Martin de Porres Catholic Church	<p>Phone: 512-858-5667 Address: 26160 Ranch Road 12, Dripping Springs, TX 78620</p>	<ul style="list-style-type: none"> • Food Pantry. • Rent & utility support.

TRANSPORTATION SERVICES

NAME	CONTACT INFO	DESCRIPTION
Capital Area Rural Transportation System (CARTS)	<p>Phone: 512-478-7433 Toll Free Phone: 800-456-7433 Email: info@ridecarts.com Web: www.ridecarts.com</p>	<ul style="list-style-type: none"> • Offers a range of transportation services for 7 counties around Austin including Hays County. • Reduced-cost rides for 65+, disabled & those aged 12 & under.
Texas Medical Transportation Program	<p>Toll Free: 800-MED-TRIP (633-8747) Web: www.hhs.texas.gov/services/health/medical-aid-chip/programs-services/medical-transportation-program</p>	<ul style="list-style-type: none"> • This is a Texas Health & Human Services agency. • Provides transportation to health care services for persons currently enrolled in Medicaid, children with special health care needs & indigent cancer patients. • To understand program eligibility & enrollment requirements, go to the website.

EMPLOYMENT SERVICES

NAME	CONTACT INFO	DESCRIPTION
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Texas Workforce Commission	Phone 512-463-2222 Toll Free Customer Service Phone: 800-558-8321 Web: www.twc.texas.gov	<ul style="list-style-type: none"> • Job search & placement for ages 18 & up.
Workforce Solutions - Rural Capital Area/Hays County	Phone: 512-392-1291 Toll Free: 866-518-0577 Hays Center Web: www.workforcesolutionsrca.com/locations/hays General Web: www.workforcesolutionsrca.com/ Address: 4794 Transportation Way, Bldg. 5, Suite 500, San Marcos, TX 78666	<ul style="list-style-type: none"> • This community partnership provides no cost recruitment, employment & information services to businesses & job seekers in the 9 county Rural Capital Area which includes Hays County. • Services & resources for Hays County include veterans services, unemployment benefits information, self assessment tools, resume support, labor market information, job search support, job fairs, interview counseling, how-to workshops, education & training information, computer & internet access, child care information, career & benefits information as well as wage claim & child labor information. • For general Workforce Solutions information for job seekers, go to: https://workforcesolutionsrca.com/seekers.
Gary Job Corps Center - San Marcos TX	Toll Free National Phone: 800-733-JOBS (5627) San Marcos Phone: 512-396-6966 TTY Phone: 877-889-5627 Web: www.gary.jobcorps.gov/ Address: 2800 Airport Hwy 21 East, San Marcos, TX 78667	<ul style="list-style-type: none"> • Vocational training, GED & ESL for male & female adolescents & young adults ages 16-24 (or older if disabled). • Job Corps is a no-cost academic & career technical training program administered by the U.S. Dept. of Labor. • Goal is to teach eligible people the skills they need to become employable & independent & place them in meaningful jobs or further education. • Applicants must be in need of job skills & able to work in the U.S. Must also be income eligible (receive public assistance, earn poverty-level income, be homeless, be a foster child, or qualify for free/reduced-prices lunches). • Call & speak to an admissions representative to determine all requirements & eligibility. • English & Spanish available.
Community Action Kyle Learning Center	Phone: 512-268-2719 Web: www.communityaction.com Address: 21393 North IH 35, Kyle, TX 78640	<ul style="list-style-type: none"> • Community Action Adult Education services & programs provide low-income individuals access to the education & job training necessary for transitioning into employment, career advancement & lifelong learning. • Provides core services including High School Equivalency (HSE) preparation (formerly called GED) & English as a Second Language (ESL) classes. Also has other classes & training available.. • For more information on adult education programs & eligibility, go to: www.communityaction.com. • For a list of available Hays County classes & training, go to: www.communityaction.com. Scroll to the Services tab, click on Adult Education then click on the words Click Here in the phrase "For Adult Education Classes and Trainings Click Here." Finally, click on Hays County. • Also provides career counseling & offers a college prep academy. Refer to the website for more information. • Community Action also provides a range of other services. Refer to services listed elsewhere in this guide.

LEGAL AID SERVICES

NAME	CONTACT INFO	DESCRIPTION
UMC Justice For Our Neighbors (JFON)	Austin Consultation & Appointment Phone: 512-326-1988	<ul style="list-style-type: none"> • This is a United Methodist Church (UMC) Immigration Ministry that provides humanitarian immigration legal services to qualifying low-income immigrants, refugees & asylum seekers. Also provides advocacy for immigrant justice.

Austin Immigration Legal Services	Austin Legal Services Email: attorney@jfonAustin.org Austin Advocacy & Education Email: director@jfonAustin.org National Web: www.njfon.org/ Austin Web: https://www.jfonAustin.org/	<ul style="list-style-type: none"> • Offers education to communities of faith & the public. • Austin JFON serves Travis County & counties surrounding it including Hays County. • Confidential. • Must qualify to receive services. Call to schedule an appointment & determine eligibility. • Income based program (up to 200% of current federal poverty line). • Does NOT handle employment or investment-based visas.
Hays Country District Attorney	Phone: 512-393-7600 Web: www.hayscountytx.com/courts/district-attorney/ Address: Hays Government Center, 712 S. Stagecoach Trail, Suite 2057, San Marcos, TX 78666	<ul style="list-style-type: none"> • Provides legal representation including: <ul style="list-style-type: none"> - Criminal DA who represents the State of Texas in all felony, misdemeanor & juvenile offenses committed in Hays County. - Civil Division represents the Dept. of Family & Protective Services in parental rights civil suits & provides legal representation to victims of domestic violence seeking protective orders. Also provides legal assistance to County Depts., elected officials & the County Commissioners Court - Victim Services provides direct & personal service to victims of crime & their families.
Dispute Resolution Center	Phone: 512-371-0033 Web: www.austindrc.org/ Address: 5407 N. IH35, Suite 410, Austin, TX 78723	<ul style="list-style-type: none"> • Provides dispute resolution services for conflict management/resolution & mediation in Travis County & the surrounding Austin TX area. • Offers mediation services, mediation training, customized mediation training, facilitation services & community education programs. • An independent, nonprofit organization. • Fee based but may be reduced or waived when appropriate. • Can submit email at website.
Volunteer Legal Services (VLS) of Central Texas	Phone: 512-476-5550 Web: www.vlsoct.org/ Address: 8001 Center Park Dr., Suite 120, Austin, TX 78754	<ul style="list-style-type: none"> • Provides free (pro bono) legal assistance for low-income families in civil cases using volunteer attorneys in Travis County. • Holds Legal Advice Clinics for Hays County. • Must complete an intake process, apply for legal assistance & meet eligibility requirements.
Texas Advocacy Project	Phone: 512-476-5377 Family Violence Hotline:: 800-374-HOPE (4673) Web: www.texasadvocacyproject.org	<ul style="list-style-type: none"> • Texas Advocacy Project's mission is to empower the public & survivors of domestic & dating violence, sexual assault & stalking in Texas through free legal services, access to the justice system as well as education & prevention. They are committed to advancing their vision that all Texans live safely in hope, not fear or abuse. • Provides a wide range of legal & advocacy services & resources proven to break the cycle of violence & get victims to safety. • Educational resources & services including personal safety plans, protective orders, survivor services, teen dating violence & self representation as well as information about Steps To Freedom – a process to learn how to escape power-based abuse. The process includes how to recognize abuse, find an advocate, get safe, stay safe, defend your rights & live free from fear. • Can apply for services online. • Website is available in English & Spanish.
Legal Hotlines Information:	Web: https://guides.sll.texas.gov/legal-hotlines/general-information	<ul style="list-style-type: none"> • This website from the Texas State Law Library provides information on general, disaster relief, domestic violence/sexual assault, family law, landlord/tenant law & worker's rights legal hotlines.
National Immigration Legal Services Directory	Web: www.immigrationadvocates.org/legaldirectory/	<ul style="list-style-type: none"> • Provided by Immigration Advocates Network. • Information offered in English & Spanish.

		<ul style="list-style-type: none"> • Web search lists immigration legal assistant resources in the greater Austin area. • Includes: other areas of legal assistance as well as other non-legal based services • To search for Hays County services, go to: www.immigrationadvocates.org/legaldirectory/ then enter zip code 78620 (or another zip code) in the Search by Zip Code field.
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EMERGENCY SERVICES

NAME	CONTACT INFO	DESCRIPTION
Hays County Sheriff	Main Phone: 512-393-7800 Dispatch (Non-Emergency) Phone: 512-393-7896 Outreach Events Phone: 512-393-7373 Web: www.hayscountytexas.com/law-enforcement/sheriff/ Address: 810 S. Stagecoach Trail, San Marcos, TX 78666	<ul style="list-style-type: none"> • A Texas County Sheriff is a licensed peace officer & enforces Texas criminal laws. The Sheriff also manages & operates the county jail, provides court security, serves warrants & civil papers, seizes property after judgment & enforces traffic laws on county roads. • The website provides a range of information & contact information about Hays County Sheriff's Office services & programs including: <ul style="list-style-type: none"> - how to access public records. - how to submit personnel complaints. - how to find authorized bail bond companies. - how to register for the Emergency Notification System. - how to inquire about community outreach programs & events like National Night Out, Neighborhood Watch, Business Watch, Brown Santa, the Sheriff's Citizens Academy & Volunteer in Police Services programs.
North Hays County Fire & Rescue	Phone: 512-894-0704 Web: www.northhaysfire.com/ Address: 400 Sportsplex Dr., Dripping Springs, TX 78620	<ul style="list-style-type: none"> • North Hays County Fire & Rescue provides fire prevention & suppression, rescue & basic emergency medical services to residents & visitors of Northern Hays County. • This is a combination department with 6 stations in & around the surrounding areas of Dripping Springs (Station 71 with 24/7 crew on duty), Driftwood (Station 62 with 24/7 crew on duty) & Henly, Texas. For a map of all 6 station locations, go to: www.northhaysfire.com/prevention. • The website has a calendar which posts events, meetings & training sessions
South Texas Poison Center	24/7 Hotline: 800-222-1222 Web: www.poisoncontrol.org/home	<ul style="list-style-type: none"> • Provides a 24/7 hotline phone for poisoning emergencies. • Also provides educational programs including poisoning prevention & patient treatment for the public & healthcare providers. • Staffed with licensed medical professionals. • Free & confidential. • English, Spanish & other languages available at website.